

Red White And Blue Strut

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: "Calamity" Jane Newhard (USA)
音樂: Only In America - Brooks & Dunn



HEEL TAPS AND CLAPS (ADD SOME ATTITUDE)

- 1-3 Place right forward and tap right heel 3x, clap hands with each heel tap
- 4 Right heel lowers and takes weight with a clap
- 5-7 Place left forward and tap heel 3x, clap hands with each heel tap
- 8 Left heel lowers and takes weight with a clap

VINE RIGHT

- 1-2 Step right to right, cross step left behind right
- 3-4 Step right to right, step left beside right

SWIVELS LEFT WITH ¼ LEFT TURN

- 5-6 Swivel heels left, swivel toes left
- 7-8 Swivel heels left, swivel toes left making a ¼ turn left

TOE, HEEL STRUTS FORWARD (ADD SOME ATTITUDE)

- 1-2 Step right toe forward, drop right heel (turn right knee in, move right shoulder forward and angle body slightly left.)
- 3-4 Step left toe forward, drop left heel (turn left knee in, move left shoulder forward and angle body slightly right)
- 5-6 Repeat 1-2 in this set
- 7-8 Touch left toe forward, kick left forward

WALK BACK AND HIP BUMPS

- 1-2 Step left back, step right back
- 3-4 Step left back, step right beside left
- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, bumps hips left

REPEAT
