Red River Shuffle (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Jim Godsall & Nen Godsall

音樂: Halfway Back to Birmingham - Mark Chesnutt



Position: Indian position (Man behind Lady holding hands over shoulders) facing ILOD. Same feet throughout

MAN'S STEPS

SIDE, BEHIND, SIDE SHUFFLE, CROSS ROCK, 1/4 TURN SHUFFLE

1-2 Step left to side, cross right behind left

3&4 Left side shuffle

Release right hands, lady turns under raised left arms. Rejoin Indian Position after turn

5-6 Cross right behind left, rock forward on left

7&8 Right shuffle back making ¼ turn left to face RLOD

On ¼ turn shuffle raise right arms and lower left

1/2 TURN, SHUFFLE, WALK FORWARD, SHUFFLE

9-10 Make ½ turn left into LOD stepping forward on left, step forward right

11&12 Left shuffle forward

Release left hands. Bring right arms over lady's head on turn, lower right arms to end with right hands held behind man's back, rejoin left hands in front at waist height, both facing LOD

13-14 Walk forward right left

15&16 Right shuffle

STEP, STEP, TRIPLE STEP, WALK FORWARD, SHUFFLE

17-18 Step left, right in place 19&20 Left triple step in place

Release right hands, raise left arms over lady's head as she turns. End facing partner, man facing LOD, lady facing RLOD with left arms raised, rejoin right hands at waist height

21-22 Walk forward right, left 23&24 Right shuffle forward

Keep hold of both hands. Lady goes under raised left arms on turn

SIDE, TOGETHER, SHUFFLE, SIDE, TOGETHER, SHUFFLE

25-26 Step left to side, step right together

27&28 Left shuffle forward

29-30 Step right to side, step left together

31&32 Right shuffle forward

ROCK FORWARD, BACK, 3/4 TURN, SIDE ROCK, CROSS SHUFFLE

33-34 Rock forward left, back right

35&36 Left triple in place making ¾ turn left to face OLOD

Release right hands, raise left arms over man's head on turn. End facing partner, left hands joined only

37-38 Rock right to side, rock on left

39&40 Right cross shuffle

On cross shuffle, release left hands and join right hands. End offset (right shoulders). Man still facing OLOD, Lady facing ILOD

SIDE ROCK, CROSS SHUFFLE, WALK FORWARD, 1/4 TURN SHUFFLE (CHANGE SIDES)

41-42 Rock left to side, rock on right

43&44 Left cross shuffle

On cross shuffle, release right hands and join left hands. End slightly offset (left shoulders)

45-46 Passing left shoulders change sides stepping forward right, left

47&48 Make ¼ turn left into LOD on right shuffle

Raise left arms over lady's head changing sides to end both facing LOD, lady on man's left. Rejoin right hands underneath left to end in cross arm position

WALK FORWARD, SHUFFLE, WALK FORWARD, SHUFFLE

49-50 Walk forward left, right
51&52 Left shuffle forward
53-54 Walk forward right, left
55&56 Right shuffle forward

Release right hands, raise left arms over lady's head as she turns. Rejoin in Sweetheart Position (left side-by-side), still facing LOD with lady on man's left

WALK FORWARD, SHUFFLE, STEP 1/4 PIVOT, CROSS SHUFFLE

57-58 Walk forward left, right 59&60 Left shuffle forward

61-62 Step forward right, pivot ¼ left

63&64 Right cross shuffle

Keep hold of both hands to end in Indian Position facing ILOD ready to start again

REPEAT

LADY'S STEPS

FULL TURN RIGHT TRAVELING LEFT, CROSS ROCK, 1/4 TURN SHUFFLE

1-2 Make ¼ turn right stepping back left, make ½ turn right stepping forward right

3&4 Left side shuffle making ½ turn right to face ILOD

Release right hands, lady turns under raised left arms. Rejoin Indian Position after turn

5-6 Cross right behind left, rock forward on left

7&8 Right shuffle back making ¼ turn left to face RLOD

On 1/4 turn shuffle raise right arms and lower left

1/2 TURN, SHUFFLE, WALK FORWARD, SHUFFLE

9-10 Make ½ turn left into LOD stepping forward on left, step forward right

11&12 Left shuffle forward

Release left hands. Bring right arms over lady's head on turn, lower right arms to end with right hands held behind man's back, rejoin left hands in front at waist height, both facing LOD

13-14 Walk forward right left

15&16 Right shuffle

1/2 TURN, TRIPLE STEP, 1/2 TURN, SHUFFLE (CHANGE SIDES)

17-18 Step left forward over right, make ½ turn left stepping back right

19&20 Left triple step in place to end facing man. RLOD

Release right hands, raise left arms over lady's head as she turns. End facing partner, man facing LOD, lady facing RLOD with left arms raised, rejoin right hands at waist height

21-22 Make ¼ turn left stepping on right, make ¼ turn left stepping on left to come into sweetheart

position (side-by-side) on man's right side facing LOD

23&24 Right shuffle forward keep hold of both hands. Lady goes under raised left arms on turn

SIDE, TOGETHER, SHUFFLE, SIDE TOGETHER, SHUFFLE

25-26 Step left to side, step right together

27&28 Left shuffle forward

29-30 Step right to side, step left together

31&32 Right shuffle forward

ROCK FORWARD, BACK, 1/4 TURN, SIDE ROCK, CROSS SHUFFLE

33-34 Rock forward left, back right

35&36 Left triple in place making ¼ turn left to face ILOD

Release right hands, raise left arms over man's head on turn. End facing partner, left hands joined only

37-38 Rock right to side, rock on left

39&40 Right cross shuffle

On cross shuffle, release left hands and join right hands. End offset (right shoulders). Man still facing OLOD, lady facing ILOD

SIDE ROCK, CROSS SHUFFLE, WALK FORWARD, 1/4 TURN SHUFFLE (CHANGE SIDES)

41-42 Rock left to side, rock on right

43&44 Left cross shuffle

On cross shuffle, release right hands and join left hands. End slightly offset (left shoulders)

45-46 Passing left shoulders change sides stepping forward right, left

47&48 Make ¼ turn right into LOD on right shuffle

Raise left arms over lady's head changing sides to end both facing LOD, lady on man's left. Re-join right hands underneath left to end in cross arm position

WALK FORWARD, SHUFFLE, FULL TURN, SHUFFLE

49-50 Walk forward left, right 51&52 Left shuffle forward

53-54 Make ½ turn left stepping back right, make ½ turn left stepping forward left

55&56 Right shuffle forward

Release right hands, raise left arms over lady's head as she turns. Rejoin in Sweetheart Position (left side-by-side), still facing LOD with lady on man's left

WALK FORWARD, SHUFFLE, STEP 1/4 PIVOT, CROSS SHUFFLE

57-58 Walk forward left, right 59&60 Left shuffle forward

Step forward right, pivot ¼ left

63&64 Right cross shuffle

Keep hold of both hands to end in Indian Position facing ILOD ready to start again

REPEAT