

Red Hot Salsa

拍數: 64 牆數: 2 級數: Improver
編舞者: Christina Browne (UK)
音樂: Red Hot Salsa - Dave Sheriff



HEEL BOUNCES

1-8 Bounce right heel four times, bounce left heel four times

HIP BUMPS

9-12 Bump hips left twice, bump hips right twice
13-16 Bumps hips left, right, left, right (weight to left)

ROCK STEPS

17-18 Rock right forward, recover onto left
19-20 Rock right back, recover onto left
21-24 Repeat 17-20

GRAPEVINE RIGHT, LEFT STEP, SLIDE WITH CLAP

25-26 Step right to side, cross left behind right
27-28 Step right to side, touch left together
29 Big step left to side
30-31 Slide right together over 2 beats
32 Touch right together (clap)

RIGHT KICK BALL CHANGE TWICE, TOE SWITCHES WITH CLAP

33&34 Kick right forward, step right together, step left in place
35&36 Kick forward right, step right together, step left in place
37& Touch right to side, step right together
38& Touch left to side, step left together
39-40 Touch right to side, clap
41-48 Repeat 33-40

HEEL TOUCHES FORWARD, TOE TOUCHES RIGHT

49-50 Touch right heel forward, touch right together
51-52 Touch right heel forward, touch right together
53-54 Touch right to side, touch right together
55-56 Touch right to side, touch right together

Turn head right with toe touches, steps 53-56

57-60 Repeat 49-52
61-62 Touch right to side, cross right over left
63-64 Unwind ½ left, clap

REPEAT

If your left leg gets tired during counts 49-60, alternate your feet on the touches

49-50 Touch right heel forward, step right together
51-52 Touch left heel forward, step left together
53-54 Touch right toe to side, step right together
55-56 Touch left toe to side, step left together
57-60 Repeat 49-52