

Rebound

拍數: 32 牆數: 4 級數: Improver
編舞者: John Bailey (CAN)
音樂: Take It Back - Reba McEntire



HOOK COMBINATIONS

- 1-4 Left hook combination (touch left heel forward, hook left leg over right, touch left heel forward, return left beside right)
5-8 Right hook combination (touch right heel forward, hook right leg over left, touch right heel forward, touch right toe back)

WALK FORWARD & STOMP

- 9-12 Walk forward right, left, right, stomp left beside right (right leg has weight)

ROLLING VINE BACK WITH ¼ TURN LEFT

- 13 Step back a ¼ turn left with left foot (weight is on left leg)
&14 Pivot a ½ left (from new position) on the ball of left foot, step right with right foot
&15 Pivot a ½ turn left (from new position) on the ball of right foot, step left with left foot
16 Touch right foot beside left (left has weight)

FORWARD SLIDE, STEP FORWARD & SCUFF

- 17-20 Step forward with right, bring left beside, step forward with right, scuff left foot forward

STEP FORWARD LEFT, ½ TURN, STEP FORWARD LEFT, ½ TURN

- 21-22 Step forward with left foot, pivot a ½ turn right on the balls of both feet
23-24 Step forward with left foot, pivot a ½ turn right on the balls of both feet

ROCK STEP!

- 25-26 Rock forward on left foot, step back on right

ROLLING VINE BACK WITH ½ TURN LEFT

- 27 Step back a ¼ turn with left foot (weight is on left leg)
&28 Pivot a ¾ turn left (from new position) on the ball of left foot, step back on right foot
&29 Pivot a ½ turn left (from new position) on the ball of right foot, step forward on to left foot
30 Bring right foot beside left
31-32 Stomp left foot, stomp right beside left (weight on right)

REPEAT
