

Rebel Strut (P)

COPPERKNOB
BY STEPHEN HETS

拍數: 24 牆數: 0
編舞者: Arlene Kimery
音樂: Dance - Twister Alley

級數: Improver Partner



Position: Promenade position. Both facing line of dance; lady standing on the gentleman's right side; each will have heels together; his left hand will hold her left hand either in front of his left shoulder, in front of and slightly higher than his waist, or in front of the lady's left shoulder; his right arm will reach behind the lady and hold her right hand in his right hand slightly to the right of her right shoulder. Can be done as an individual without the arm movements (leave hands on hips).

- 1 Right toe kick forward staying about 6" off the floor
- 2 Right foot crosses left leg with the toe pointing down staying about 6" off the floor
- 3 Right toe kick forward staying about 6" off the floor
- 4 Right foot close to left foot

- 5 Left heel touch forward
- 6 Foot close to right foot
- 7 Right toe touch backward
- 8 Right foot close to left foot

- 9 Left heel touch forward
- 10 Left foot close to right foot
- 11 Right foot stomp in place
- 12 Right foot stomp in place

- 13 Right foot step forward-drop right hands
- 14 Pivot on toes/balls of feet ½ turn to the left
- 15 Right foot step forward
- 16 Pivot on toes/balls of feet ½ turn to the left-rejoin right hands

SYNCOPATED CHA-CHA STEPS FORWARD

- 17-18 Right foot step forward, left foot step forward, right foot step forward
- 19-20 Left foot step forward, right foot step forward, left foot step forward
- 21-22 Right foot step forward, left foot step forward, right foot step forward
- 23-24 Left foot step forward, right foot step forward, left foot step forward

REPEAT

OPTION 1

On Counts 17-24 gentleman holds lady's right hand and turns her to the right. She turns using same cha-cha style step. Since the steps remain the same, these directions are only for other body movements.

- 17-18 Gentleman leads lady's right arm slightly forward.
- 19-20 Gentleman leads lady's right arm backward, her left arm forward, and both their upper bodies twist slightly to the right
- 21-22 Gentleman leads the lady into a full turn to the right using their right hands
- 23-24 Both partners can do the last set of cha-cha steps forward, re-grasping the left hands and resuming the promenade position, or if necessary, the lady can still be finishing her turn

OPTION 2

Lady moves from right to left in front of the gentleman on the first two cha-cha sets (without turning) and can do the dance on his left side as a variation. When the lady has performed Option 2, she returns using two cha-cha steps to the right and can continue the dance in the normal promenade position.

OPTION 3

Substitute a right heel touch for Counts 1 and 3.
