A Reason Why



拍數: 32 牆數: 4 級數: Intermediate/Advanced

編舞者: Robin Madeley (UK)

音樂: Everybody Cries - Liberty X



CROSS, 1/4, ROCK-AND-TOUCH, ROCK-AND-CROSS-SIDE-CROSS, 1/4

1 Cross-step right foot over left

2 Make ¼ turn to the right, stepping back on left foot

3&4 Rock right foot to right side, recover weight onto left, touch right toe next to left

5&6&7 Rock right foot to right side, recover weight onto left, cross right foot over left, step left foot to

left side, cross right foot over left

8 With weight on right foot (and right foot is crossed over left from previous step), make a 1/4

turn to the right, stepping forward onto left foot

This turn means you have to bring your left foot 'over' your right foot as you make the turn. It's not as awkward if you hitch your left knee a bit too. Instead of stepping over your feet etc, you could instead 'unwind' a ¾ turn to the left putting your weight onto your left foot. This is arguably no easier or harder, it just gives a bit of variety as the music changes through the song.

SIDE, ROCK-AND-SIDE, BEHIND-SIDE-CROSS, SWEEP, SAILOR STEP

9 Step right foot to right side (biggish step)10& Rock back on left foot, recover weight to right

11 Step left foot to left side

12&13 Step right foot behind left, left to left side, cross right over left

14 Rock back onto left foot, as you sweep right foot out to right side (both these moves happen

at the same time)

15&16 Step right foot behind left, step left slightly to left side, step right to right side (a right sailor

step)

STEP ½ TURN, LEFT SHUFFLE, STEP-LOCK-STEP-LOCK-STEP, ¼ POINT

17-18 Step forward on left foot, make ½ pivot turn to right, stepping forward onto right foot (just a

simple step half-turn)

19&20 Make a left shuffle forward, stepping left-right-left

21&22&23 Step forward on right foot, lock left behind right, step forward on right, lock left behind right,

step forward on right (i.e.: 'right-lock-right')

24 Make ¼ turn to right, pointing left toe to left side

CROSS, ROCK-AND-CROSS, ROCK-AND-CROSS, SIDE, BEHIND, POINT

25 Cross left over right

26&27 Rock right foot to right side, recover weight onto left foot, cross right foot over left Rock left foot to left side, recover weight onto right foot, cross left foot over right

30 Step right foot to right side
31 Cross left foot behind right
32 Point right toe to right side

OPTIONAL 30-31-32 'INVERTED ROLL': 1/4, 1/2, 1/4 SWEEP

30 Make ¼ turn to left, stepping back onto right foot

31 Make ½ turn over left shoulder stepping forward onto left foot

32 Make ¼ turn to left (weight staying on left foot), sweeping right toe out to right side

REPEAT