

# Reality Cheque

**COPPER** **KNOB**  
STEPSHEETS

拍數: 40      牆數: 2      級數: Improver  
編舞者: Johnny S. (UK)  
音樂: Reality - Helen Foley



## GRAPEVINES RIGHT & LEFT AND BRUSH TWICE

1-2      Step right foot to right side, step left behind right  
3-4      Step right foot to right, brush left foot forward  
5-6      Step left foot to left side, step right behind left  
7-8      Step left foot to left side, brush right foot forward

## ROCK - RECOVER - STEP - HOLD TWICE

1-2      Rock-step right foot forward, recover weight onto left  
3-4      Rock-step right foot back, hold  
5-6      Rock-step left foot back, recover weight onto right  
7-8      Rock-step left foot forward, hold

## STEP-PIVOT ½ TURN LEFT, STEP, TOUCH, LEFT SIDE MAMBO, TOUCH

1-2      Step right foot forward, pivot ½ turn left  
3-4      Step right foot forward, touch left toe behind right heel  
5-6      Rock-step left foot to left side, recover weight onto right  
7-8      Step left beside right, touch right foot to right side

## JAZZ BOX WITH ¼ TURN RIGHT, MONTEREY WITH ¼ TURN RIGHT

1-2      Cross right over left, step left back into ¼ turn right  
3-4      Step right slightly back, step left beside right  
5-6      Touch right to right side, on ball of left pivot ¼ turn right & step right beside left  
7-8      Touch left to left side, step left beside right

## ROCK-RECOVER, COASTER TWICE

1-2      Rock-step right foot forward, recover weight onto left  
3&4      Step right foot back, step left back beside right, step right foot forward  
5-6      Rock-step left foot forward, recover weight onto left  
7&8      Step left foot back, step right back beside left, step left foot forward

## REPEAT

## TAG

When using Helen Foley's song "Reality" only, at the end of the dance as the music slows, complete the left grapevine, then complete - very slowly - the first 4 counts in section 2. The music is not phrased to the song "Reality" but it fits well nonetheless.