

Real World

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Judy Rodgers (USA)
音樂: Real World - D-SIDE



STEP, HOLD, STEP PIVOT ¼, CROSS

1-3 Step left foot forward, hold for 2 (or drag right foot forward)
4-6 Step right foot forward, pivot ¼ left, cross right over left

STEP, HOLD, CROSS, TURN, STEP

1-3 Step left large step to left, hold (leaving right toe pointed to right)
4-6 Cross right foot over left, step left foot back turning ¼ right, step right beside left

STEP, HOLD, ¾ TURN LEFT

1-3 Step left foot forward, hold
1-4 Turn ¼ left stepping right, turn ¼ left stepping left, turn ¼ left stepping right

STEP, HOLD, COASTER STEP

1-3 Step left foot forward, hold for 2 (using a swaying motion)
4-6 Step right foot backward, step left foot beside, step right foot forward

STEP TURN ¼ LEFT, TOUCH, HOLD, X 4 (FORMS A DIAMOND PATTERN)

1-3 Turn ¼ to left stepping forward on left foot, touch right beside, hold
4-6 Turn ¼ to left stepping backward on right foot, touch left beside, hold
1-3 Turn ¼ to left stepping forward on left foot, touch right beside, hold
4-6 Turn ¼ to left stepping backward on right foot, touch left beside, hold

Option: four basic waltz steps with ¼ turns

STEP, HOLD, STEP PIVOT ¼, CROSS

1-3 Step left foot forward, hold for 2 (or drag right foot forward)
4-6 Step right foot forward, pivot ¼ left, cross right over left

STEP, HOLD, ½ TURN RIGHT (SAILOR TURN)

1-3 Step left foot large step to left side, hold (leaving right toe pointed to right)
4-6 Turn ¼ right sweeping right behind left, turn ¼ right stepping left, step right forward

REPEAT

If beginners have trouble, they can dance only the first 24 counts every time, which will then become a 4 wall dance. This will put them starting every other 24 counts with the group doing the 48 count 2 wall dance