

Real World

拍數: 60 牆數: 4
編舞者: Michael O'Shea (IRE)
音樂: Real World - D-SIDE

級數: Intermediate waltz



ROCK & CROSS, STEP FULL TURN, STEP

1-2 Rock right to side, recover to left
3-4& Cross right over left, step left to side, hook right in front of left
5-6 Turn a full turn to the right, cross right over left

ROCK & CROSS, STEP ½ TURN STEP

1-2 Rock left to side, recover to right
3-4 Cross left over right, step right to side
5-6 Sweep left foot front to back, turn ½ left and step left back

ROCK, HOLD, STEP, DRAG

1-2 Step right forward, hold
3-4 Step left back, step right (big step) to side
5-6 Hold, hold

Slide left to right over counts 5-6

& RIGHT TWINKLE STEP, LEFT TWINKLE STEP ¾ TURN

&1-2 Step left together, cross right over left, step left to side
3-4 Step right to side, cross left over right
5-6 Step right to side, turn ¾ left and step left forward

ROCK, HOLD, STEP, STEP BACK, DRAG

1-2 Rock right forward, hold
3-4 Step left back, step right back
5-6 Hold, hold

Slide left to right over counts 5-6

& STEP, SWITCH TURN, STEP, DRAG

&1-2 Step left together, step right forward, turn ½ right and step left forward
3-4 Step right forward, step (big step) left forward
5-6 Hold, hold

Slide right to left over counts 5-6

& STEP, RIGHT LOCK, ROCK FORWARD, HOLD, STEP

&1-2 Step right together, step left forward, step right forward
3-4 Lock left behind right, rock right forward
5-6 Hold, recover onto left

ROCK, HOLD, STEP, STEP TURN STEP

1-2 Rock right back, hold
3-4 Recover onto left, step right forward
5-6 Turn ½ turn left and kick left forward, step left back

COASTER STEP, TRIPLE FULL TURN LEFT

1-2 Step right back, step left together
3 Step right forward
4-5-6 Triple in place turning a full turn left stepping left, right, left

STEP, HOLD TWICE, ½ TURN, STEP

1-2 Step right forward, hold

3-4 Hold, step left forward

5-6 Turn ½ right (weight to right), step left forward

REPEAT
