

A Real Woman's Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
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音樂: Let a Real Woman Try - Barbara Carr



WALK FORWARD - RIGHT, LEFT; CHA-CHA-CHA FORWARD; STEP TURN ONE-HALF ($\frac{1}{2}$) TO RIGHT; CHA-CHA-CHA FORWARD

1-2 Walk forward - right, left
3&4 Cha-cha-cha forward (right, left, right)
5-6 Step forward on left, pivot one-half ($\frac{1}{2}$) to right, shifting weight to right
7&8 Cha-cha-cha forward (left, right, left)

STEP TURN ONE-FOURTH ($\frac{1}{4}$) TO LEFT; CROSS & CROSS; STEP LEFT FORWARD TURNING ONE-FOURTH ($\frac{1}{4}$) TO LEFT; TOUCH RIGHT BACK; CHA-CHA-CHA BACK

1-2 Step right forward, pivot one-fourth ($\frac{1}{4}$) to left, shifting weight to left
3&4 Cross & cross: step right across left, step left to left, step right across left
5-6 Step forward on left, turning one-fourth ($\frac{1}{4}$) to left, touch right toe back
7&8 Cha-cha-cha back (right, left, right)

STEP BACK - LEFT, RIGHT; COASTER; STEP TURN ONE-FOURTH ($\frac{1}{4}$) TO LEFT KICK, OUT, OUT

1-2 Step back - left, right
3&4 Coaster - step back on left, step right next to left, step forward on left
5-6 Step forward on right, pivot one-fourth ($\frac{1}{4}$) to left
7&8 Kick right forward, step back/out on right, step ball of left (half weight) back/out

BUMP HIPS LEFT-RIGHT; BUMP HIPS: LEFT-CENTER-LEFT AND RIGHT-CENTER-RIGHT-TURNING ONE-FOURTH ($\frac{1}{4}$) TO LEFT; CHA-CHA-CHA FORWARD

1-2 Bump hips - left, right
3&4 Bump hips left, center, left
5&6 Bump hips right, center, right-turning one-fourth ($\frac{1}{4}$) to left on last right hip bump (keeping weight on right)
7&8 Cha-cha-cha forward (left, right, left)

REPEAT
