

The Real Thing

COPPER KNOB
BY STEPHEN

拍數: 24 牆數: 4 級數: ultra Beginner
編舞者: Iris M. Mooney (USA)
音樂: This Is It - Melba Moore



HIP BUMPS DOUBLE & SINGLE

1-4 Double hips bumps right & left
5-8 Single hip bumps-right, left, right, left

VINE RIGHT & LEFT

1-4 Right vine: step right foot to the right side, slide left foot behind right foot, step right foot to the right side, touch left foot next to right foot
5-8 Left vine: step left foot to the left side, slide right foot behind left foot, touch right foot next to left foot

SHUFFLE FORWARD

1&2 Shuffle forward right foot:(right foot, left foot, right foot)
3&4 Shuffle forward left foot: (left foot, right foot, left foot)

1/8 TURNS LEFT

5-6 Step right foot forward, pivot left foot 1/8th turn left
7-8 Step right foot forward, pivot left foot 1/8th turn left

REPEAT
