

The Real Thing

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Pete Selwood (UK)
音樂: Hit You with the Real Thing - Westlife



SIDE SHUFFLE, BACK ROCK, HEEL AND CROSS POINT, TOUCH

1&2 Step right to right, step left together, step right to right
3-4 Rock back on left recover on right
&6 Dig left heel forward, step left together, cross right over left
7-8 Point left toe out to left side, touch back to together
9-16 Repeat steps 1-8 traveling left (mirror image)

SYNCOPATED WEAVE RIGHT, SAILOR TURN, STEP LOCK

17-18 Step right to right, step left behind right
19&20 Step right next to left, cross left over right, step right to right side
21&22 Step left behind, step right next to left, turn 1a left stepping left forward
23&24 Step right forward, lock left behind right step right forward
25-32 Repeat steps 17-24 traveling left (mirror image)

SIDE STEP HOLD, ½ TURN HOLD, CROSS SHUFFLE, SIDE ROCK

33-34 Step right out to right hold clap
35-36 Pivot on right foot ½ turn left stepping onto left hold clap
37&38 Cross right over left, step left to right side, cross right over left
39-40 Rock left out to left side, recover on right

COASTER, ROCK FORWARD, BALL STEP,, HOLD, BALL STEP TWICE

41&42 Step left back step right together, step left forward
43-44 Rock forward on right recover on left
&45-46 Step right next left step left forward, hold clap
47 Step right next to left step left forward
&48 Step right next to left step left forward

STEP HOLD, ½ TURN HOLD, FORWARD SHUFFLE, 'A TURN BACK SHUFFLE

49-50 Step forward on right hold clap
51-52 Pivot on right ¼ turn left stepping onto left foot hold clap
53&54 Step forward on right close left next to right step forward on right
& Pivot ½ turn right on right foot
55-56 Step left foot back close right next to left, step back on left

DIAGONAL BACK STEPS WITH TOUCHES, HEEL JACKS

57-58 Step right back diagonally right, touch left next to right, clap
59-60 Step left back diagonally left, touch right next to left, clap
61 Step right foot back dig left heel diagonally forward
62 Step left next to right step right in place
63 Step left foot back dig right heel diagonally forward
64 Step right next to left step left foot in place

REPEAT