

Real Thing

拍數: 40 牆數: 2 級數:
編舞者: Donna Wasnick (USA)
音樂: The Real Thing - Rick Tippe



Start dance after 16 count intro. You will not be starting on the vocals.

TOE TAPS-RIGHT FOOT (ALL TOE TAPS AND FANS ARE DONE WITH RIGHT FOOT)

- 1-2 Bring right foot forward (*when you start the dance) and tap toes down twice (weight is on left foot and right heel is touching floor)
- 3-4 Fan toes to right and tap toes down twice
- 5-6 Fan toes back to center and tap toes down once - fan right toes to right and tap down once
- &7-8 Fan toes back to center and tap down - fan toes to right and tap down - tap toes back to center and tap down, changing weight to the right foot

TOE TAPS - LEFT FOOT (ALL TOE TAPS AND FANS ARE DONE WITH LEFT FOOT)

- 1-2 Bring left foot forward and tap toes down twice (weight is on right foot and the heel is touching the floor)
- 3-4 Fan toes to left and tap toes down twice
- 5-6 Fan toes back to center and tap toes down once - fan toes to left and tap toes down once
- &7-8 Fan toes back to center and tap down - fan toes to left and tap down - fan toes back to center and tap down, changing weight to left foot

GRAPEVINE RIGHT - STEP LEFT BENDING UP AND DOWN

- 1-2 Step right foot to right side - step left foot behind right foot
- 3-4 Step right foot to right side - touch left foot next to right foot
- 5-6 Step left foot to left side and bend knees of both legs - step right foot next to left unbending or straightening legs
- 7-8 Step left foot to left side and bend knees of both legs - touch right foot next left unbending knees or straightening legs

On counts 5-8, lock your fingers together palms facing down. When you bend down, press your hands down. When you stand up, hands come back up.

CROSS BACK - TRIPLE STEPS

- 1-2 Cross step right foot over left - step back with left foot
- 3&4 Step right foot next to left - step left foot in place - step right foot in place
- 5-6 Cross step left foot over right - step back with right foot
- 7&8 Step left foot next to right - step right foot in place - step left foot in place

MONTEREY TURN - TOE STEP BACK

- 1-2 Touch right toe to right side - turn ½ right on ball of left foot and step right foot next to left
- 3-4 Touch left toe to left side - step left foot next to right
- 5-6 Touch right toe back - step down on right heel
- 7-8 Touch left toe back - step down on left heel

REPEAT

*Your right foot is already in place for your first toe taps. (You won't have to bring right foot forward as in count 1 at the beginning of the dance.)