

The Real Good, Feel Good Dance

COPPER **KNOB**
STEPSHEETS

拍數: 0 牆數: 2 級數: Intermediate/Advanced
編舞者: Kelvin Elvidge (USA)
音樂: Sure Feels Real Good - Michael Peterson



Sequence: AABABABC AABABC ABABC AAA

PART A

HEEL & TOE SWIVELS RIGHT, MONTEREY HALF TURN WITH A CLAP

- 1-2 With feet together, swivel heels to the right, swivel toes to the right
- 3-4 Swivel heels right, swivel toes to center (end weight left)
- 5-6 Touch right toe to right side, pivot $\frac{1}{2}$ turn right stepping right together and clap
- 7-8 Touch left toe to left side, step left beside right and clap (feet slightly apart)

HEEL SPLITS/TOE FANS TRAVELING LEFT, MONTEREY QUARTER TURN

- 1 With weight on right toe, left heel, fan toes apart (heels now together) (weight now right heel, left toe)
- 2 Swivel heels apart (toes now together) (weight back on right toe, left heel)
- 3-4 Fan toes apart (still traveling left), swivel heels apart
- 5-6 Touch right toe to right side, pivot $\frac{1}{4}$ turn right stepping right together and clap
- 7-8 Touch left toe to left side, step left beside right and clap (feet slightly apart)

RIGHT KICK BALL CHANGE, HEEL TOUCHES FORWARD, $\frac{1}{4}$ PIVOT LEFT, RIGHT KICK BALL CHANGE

- 1&2 Kick right foot forward, step down on ball of right foot, step left foot beside right
- 3&4& Touch right heel forward, step right foot together, touch left heel forward, step left together
- 5-6 Step forward on right foot, turn $\frac{1}{4}$ turn to left on ball of left foot (end weight left)
- 7&8 Kick right foot forward, step down on ball of right foot, step left foot beside right

HEEL SPLITS/TOE FANS TRAVELING LEFT (END FEET TOGETHER)

- 1 With weight on right toe, left heel, fan toes apart (heels now together) (weight now right heel, left toe)
- 2 Swivel heels apart (toes now together) (weight back on right toe, left heel)
- 3-4 Fan toes apart (weight on right heel, left toe), swivel heels slightly apart (end toes pointing straight ahead)

PART B

TOUCH RIGHT HEEL FORWARD, STOMP RIGHT, TOUCH RIGHT TOE BACK, STOMP RIGHT

- 1-2 Touch right heel forward, stomp right foot together
- 3-4 Touch right toe back, stomp right foot together

PART C

STEP FORWARD RIGHT, STEP LEFT TOGETHER, TOE RAISE (OPTIONAL WOOOO!), STEP BACK RIGHT, STEP BACK LEFT

- 1-2 Step forward on right foot, step left foot together
- 3-4 Raise both toes up (lean slightly forward to keep balance), step toes down (optional woooo!! When raising toes)
- 5-6 Step back on right foot, step left foot beside right