Real Good Man



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Sylvia Schell (USA)

音樂: Real Good Man - Tim McGraw



BACK RIGHT, TOUCH, BACK LEFT, TOUCH, ROCK, RECOVER, SHUFFLE 1/2 TURN LEFT

1-2 Step right foot behind left (5th position), touch left toe to left side
3-4 Step left behind right (5th position), touch right toe to right side

5-6 Rock back on right, recover on left

7&8 Shuffle (right, left, right) turning ½ turn left

BACK LEFT, TOUCH, BACK RIGHT, TOUCH, ROCK, RECOVER, SHUFFLE 1/2 TURN RIGHT

Step left behind right (5th position), touch right toe to right sideStep right behind left (5th position), touch left toe to left side

5-6 Rock back on left, recover on right

7&8 Shuffle (left, right, left) turning ½ turn right

BACK RIGHT, LEFT, QUICK STEPS BACK, HOLD/CLAP, OUT-OUT, HOLD/CLAP

1-2 Step back on right, step back on left
3& Back on right, step left beside right
4& Back on right, step left beside right
5-6 Step back on right, hold (clap)

&7-8 Step out left with left, step out right with right, hold (clap) (weight on left)

LEFT 1/8 PADDLE TURNS (2), ROCK, RECOVER, RIGHT COASTER

1-2 Step forward on right, turn 1/8 turn left (weight goes to left)
3-4 Step forward on right, turn 1/8 turn left (weight goes to left)

5-6 Rock forward on right, recover on left

7&8 Step back on right, step left beside right, step forward on right

GRAPEVINE LEFT, RONDE WITH 1/4 TURN LEFT, GRAPEVINE LEFT

1-2-3 Step left with left, behind with right, left with left

4-5 Sweep right toe forward & across left (4), step down on right turning 1/4 turn left (5)

6-7-8 Step left with left, behind with right, left with left

RIGHT, BEHIND, AND HEEL & CROSS, ROCK LEFT, RECOVER, LEFT COASTER

1-2 Step right with right, behind with left

Step right on right, touch left heel forward (diagonally), step left together, step on right

crossing over left

5-6 Rock left with left, recover on right

7&8 Step back on left, step right beside left, step forward on right

REPEAT