

Real Good

COPPER KNOB
BY STEPHEN BRETZ

拍數: 0 牆數: 3 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS) & Noel Bradey (AUS)
音樂: Sure Feels Real Good - Michael Peterson



Sequence: ABBC, ABC, BC, ABB

PART A

- 1-2-3-4 Step forward left, on balls of both feet twist $\frac{1}{4}$ turn right, twist $\frac{1}{4}$ turn left, step forward on right
5-6-7-8 On balls of both feet twist $\frac{1}{4}$ turn left, twist $\frac{1}{4}$ turn right, step forward on left, pivot turn $\frac{1}{2}$ turn right (weight on right)
- 1-2-3-4 Step forward left, on balls of both feet twist $\frac{1}{4}$ turn right, twist $\frac{1}{4}$ turn left, step forward on right
5-6-7-8 On balls of both feet twist $\frac{1}{4}$ turn left, twist $\frac{1}{4}$ turn right, step forward on left, pivot turn $\frac{1}{2}$ turn right (weight on right)
- 1&2-3-4 Shuffle forward left-right-left, step forward right, pivot turn $\frac{1}{2}$ turn left (weight on left)
5&6-7-8 Shuffle forward right-left-right, step forward left, pivot turn $\frac{1}{2}$ turn right (weight on right)
- 1-2-3-4 Cross/step left over right, step back on right, step left to left, stomp right beside left (weight on right)

PART B

- 1&2 Cross/step left behind right, step right to right side, replace weight to left (left sailor shuffle)
3-4 Cross/step right behind left, turn $\frac{1}{4}$ turn left stepping forward on left
5-6 Step forward right, pivot turn $\frac{1}{2}$ turn left (end weight on right)
7&8 Step back on left, step on right beside left, step forward on left (left coaster step)
- 1-2-3-4 Step forward right, scuff left beside right, step forward left, scuff right beside left
5-6-7-8 (16) Rock/step forward on right, replace weight to left, rock/step back on right, replace weight to left
- 1-2 Step forward right, pivot turn $\frac{1}{4}$ turn left (weight on left)
3-4 Touch right over left, turn $\frac{3}{4}$ turn left (weight on right)
5&6 Shuffle back left-right-left
7-8 (24) Rock/step back on right, rock forward on left
- 1-2-3&4 Step right forward, pivot turn $\frac{1}{2}$ turn left (weight on left), side shuffle to right on right-left--right
&5&6 On ball of right hinge/turn $\frac{1}{2}$ turn left, side shuffle to left on left-right-left
&7&8 (32) On ball of left hinge/turn $\frac{1}{2}$ turn right, side shuffle to right on right-left-right

PART C

The following steps are added between counts 24 and 25 of Part B to make Part C (38 counts)

- 1-2-3-4 Step forward on right, slowly turn $\frac{1}{2}$ turn left shimmying shoulders 3 times (weight on right)
&5-6 Step back on left beside right, step back on right, step back on left beside right