Real Good

COPPER KNOB

拍數:0

牆數:3

級數: Intermediate

編舞者: Michael Vera-Lobos (AUS) & Noel Bradey (AUS)

音樂: Sure Feels Real Good - Michael Peterson



Sequence: ABBC, ABC, BC, ABB

PART A

1-2-3-4 5-6-7-8	Step forward left, on balls of both feet twist $\frac{1}{4}$ turn right, twist $\frac{1}{4}$ turn left, step forward on right On balls of both feet twist $\frac{1}{4}$ turn left, twist $\frac{1}{4}$ turn right, step forward on left, pivot turn $\frac{1}{2}$ turn right (weight on right)
1-2-3-4 5-6-7-8	Step forward left, on balls of both feet twist ¼ turn right, twist ¼ turn left, step forward on right On balls of both feet twist ¼ turn left, twist ¼ turn right, step forward on left, pivot turn ½ turn right (weight on right)
1&2-3-4 5&6-7-8	Shuffle forward left-right-left, step forward right, pivot turn $\frac{1}{2}$ turn left (weight on left) Shuffle forward right-left-right, step forward left, pivot turn $\frac{1}{2}$ turn right (weight on right)
1-2-3-4	Cross/step left over right, step back on right, step left to left, stomp right beside left (weight on right)
PART B 1&2 3-4 5-6 7&8	Cross/step left behind right, step right to right side, replace weight to left (left sailor shuffle) Cross/step right behind left, turn ¼ turn left stepping forward on left Step forward right, pivot turn ½ turn left (end weight on right) Step back on left, step on right beside left, step forward on left (left coaster step)
1-2-3-4 5-6-7-8	Step forward right, scuff left beside right, step forward left, scuff right beside left (16) Rock/step forward on right, replace weight to left, rock/step back on right, replace weight to left
1-2 3-4 5&6 7-8	Step forward right, pivot turn ¼ turn left (weight on left) Touch right over left, turn ¾ turn left (weight on right) Shuffle back left-right-left (24) Rock/step back on right, rock forward on left
1-2-3&4 &5&6 &7&8	Step right forward, pivot turn ½ turn left (weight on left), side shuffle to right on right-leftright On ball of right hinge/turn ½ turn left, side shuffle to left on left-right-left (32) On ball of left hinge/turn ½ turn right, side shuffle to right on right-left-right
PART CThe following steps are added between counts 24 and 25 of Part B to make Part C (38 counts)1-2-3-4Step forward on right, slowly turn ½ turn left shimmying shoulders 3 times (weight on right)&5-6Step back on left beside right, step back on right, step back on left beside right	