

Real Good

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Nancy Morgan (USA)
音樂: Sure Feels Real Good - Michael Peterson



HEEL, TOE, HEEL, CROSS, HEEL, TOE, HITCH TWICE

- 1-4 Put right heel forward, touch right toe back, put right heel forward, cross right toe over left
5-8 Put right heel forward, touch right toe back, hitch 2 times forward (lift right knee up and hop twice on left foot)

STEP, STOMP, TOES UP, TOUCH, ½ TURN, STEP BACK AND SLIDE FOOT

- 1-4 Set right foot down, stomp left next to right, lift toes up and out (away from each other) and put back down
5-8 Touch right toe back by left heel, rotate a ½ turn to your right, step back on left, slide right to left putting weight on right

SHUFFLE, VINE RIGHT WITH ¼ TURN, BRUSH, STOMP, CLAP

- 1&2 Shuffle forward (left, right, left)
3-6 Vine right with ¼ turn right, brush left foot (bring knee up as you brush)
7-8 Stomp right foot to right side and slightly forward (putting weight on right), clap

SAILOR, SAILOR, ROCK FORWARD AND HEEL AND TOUCH

- 1&2-3&4 Two sailor shuffles (right, left, right and left, right, left)
5-7&8 Rock forward on right and back on left, put right heel out and quickly put right heel next to left and stomp left next to right

REPEAT
