

# Ready, Set, Go

**COPPER KNOB**  
STEPSHEETS

拍數: 50      牆數: 2      級數: Intermediate  
編舞者: Lynn Murphy-Connolly  
音樂: Ready to Run - The Chicks



## **& HOP ON LEFT, REEL STEPS TRAVELING TO LEFT SIDE**

&                      Crossing right behind left foot  
1-2                   Cross right, step left  
3-4                   Cross right, step left  
5-6                   Cross right, step left  
7                      Cross right behind left (weight is now on right)  
Sailor steps can be used as an option. Or hop three times on 1&2 and on 3&4

## **HOP 1,2,3, HOP 1,2,3 (ALL HOPS ARE ON THE & COUNTS)**

&8                    Hop on right foot, step left(crossed behind right foot)  
9-10                  Rock right forward, back on left  
&11                   Hop on left foot, step right  
12-13                 Rock left forward, back on right foot  
  
14-26                 Repeat the reel steps in counts 11-13 to the right side

## **SYNCOATED ELECTRIC KICKS**

27&28                Step back with right, step left forward, step right forward  
&29&30               Step with left foot, step right back, step left forward, step right

## **SWAY LEFT-RIGHT-LEFT-RIGHT**

31-32                Sway to left side, sway to right side  
33-34                Sway to left side, sway to right side

## **SHUFFLE AS YOU DO A ½ TO THE LEFT**

35&36                Shuffle left, right, left  
37&38                Shuffle right, left, right (now facing 6:00)  
39&40                Shuffle left, right, left(this last set done in place)  
41&42                Shuffle right, left, right

## **RUNNING MAN STEPS, SWIVETS TO LEFT THEN TO RIGHT**

43&44                Step left, scoot back on left, step right scoot back on right  
45&46                Step left, scoot back on left, step right scoot back on right  
47&48                Swivets to left (toes toward left side)  
49&50                Swivets to right (toes toward right side, weight on right foot to finish) left thumb over left shoulder, right thumb over right shoulder-hitchhiker style

## **REPEAT**