

Ready-Steady-Start (Cha-Cha U)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Angelina - Lou Bega



SIDE STEP, CROSS BEHIND, ¼ SHUFFLE TURN (RIGHT), SIDE STEP ¼ TURN (RIGHT), CROSS BEHIND, SIDE SHUFFLE (LEFT)

- 1 Step right to side
- 2 Cross step left behind right
- 3&4 Shuffle ¼ turn right stepping (right-left-right)
- 5 Turning ¼ turn right, step left to side
- 6 Cross step right behind left
- 7&8 Shuffle left stepping (left-right-left)
- 9-16 Repeat above counts 1-8

(RIGHT) MAMBO FORWARD, CHA-CHA-CHA, (LEFT) MAMBO BACK, CHA-CHA-CHA

- 17 Step (rock) right forward, slightly lifting left off floor
- 18 Step left back to floor
- 19&20 Triple step in place, stepping (right-left-right) making sure to wiggle your hips
- 21 Step (rock) left backward, slightly lifting right off floor
- 22 Step right back to floor
- 23&24 Triple step in place, stepping (left-right-left) making sure to wiggle your hips

STEP FORWARD, ½ PIVOT (LEFT), STEP FORWARD, ½ PIVOT (LEFT), CROSS WALK FORWARD

- 25 Step right forward
- 26 On (balls of) both feet, pivot ½ turn left
- 27 Step right forward
- 28 On (balls of) both feet, pivot ¼ turn left
- 29 Cross step right in front of left
- 30 Cross step left in front of right
- 31 Cross step right in front of left
- 32 Cross step left in front of right

SHUFFLE FORWARD, FORWARD ROCK-RECOVER, SHUFFLE BACK, BACK ROCK-RECOVER

- 33&34 Shuffle forward, stepping (right-left-right)
- 35 Step (rock) left forward, slightly lifting right off floor
- 36 Step right back to floor (recover)
- 37&38 Shuffle backward, stepping (left-right-left)
- 39 Step (rock) right backward, slightly lifting left off floor
- 40 Step left back to floor (recover)

¼ TURN (LEFT), CROSS & CROSS, ¼ TURN (RIGHT), ¼ TURN (RIGHT), CROSS & CROSS

- 41 Step right forward
- 42 On (balls of) both feet, pivot ¼ turn left
- 43 Cross step right in front of left
- & Step left slightly to side
- 44 Cross step right in front of left
- 45 Turning ¼ turn right, step left backward
- 46 Turning ¼ turn right, right step to side
- 47 Cross step left in front of right
- & Step right slightly to side

48 Cross step left in front of right

SIDE ROCK-RECOVER, CROSS & CROSS, ¼ TURN (RIGHT), ¼ TURN (RIGHT), CROSS & CROSS

49 Step (rock) right out to side, slightly lifting left off floor

50 Step left back to floor (recover)

51 Cross step right in front of left

& Step left slightly to side

52 Cross step right in front of left

53 Turning ¼ turn right, step left backward

54 Turning ¼ turn right, step right to side

55 Cross step left in front of right

& Step right slightly to side

56 Cross step left in front of right

SIDE ROCK-RECOVER, ¼ TURN (RIGHT) BACK ROCK-RECOVER, STEP FORWARD, ½ PIVOT (LEFT), ¼ TURN (LEFT), STEP TOGETHER

57 Step (rock) right out to side, slightly lifting left off floor

58 Step left back to floor (recover)

59 Turning ¼ turn right, step (rock) right backward, slightly lifting left off floor

60 Step left back to floor (recover)

61 Step right forward

62 On (balls of) both feet, pivot ½ turn left

63 Turning ¼ turn left, step right to side

64 Step left together

REPEAT
