

Ready To Rock

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: Joe Steele (USA)
音樂: I'm Ready To Rock In A Country Kind Of Way - Aaron Tippin



RIGHT VINE ¼ TURN, SHUFFLE ½ TURN STEP ½ TURN SHUFFLE ½ TURN

1-2 Step right to right, step left behind right
3&4 ¼ turn right, right shuffle
5-6 Step forward left do ½ turn pivot right
7-8 Shuffle forward left-right-left as you do a ½ turn right

COASTER STEP, KICK BALL CHANGE, SQUATS

1&2 Coaster step right-left-right
3&4 Kick ball change left-right-left
5-6 Put hands on thighs and squat down as you look over right shoulder, come back up and look forward
7-8 Put hands on thighs and squat down as you look over left shoulder, as you come back up kick right foot and turn ¼ turn right towards 6:00 wall

SAILOR SHUFFLES, STEP TURN AND HOPS

1&2 Right sailor shuffle
3&4 Left sailor shuffle
5-6 Step forward right, ½ turn pivot left stepping on left
7&8 Three hops forward on both feet

For styling, put right hand over abdomen and twirl left over head

KICK AND CROSS TWICE, STOMP AND COASTER STEP

1-2-3 Kick right forward, cross right over left and unwind ½ turn left
4-5 Cross left over right and unwind ¼ turn right
For styling cross arms over chest as you cross feet, and uncross as you turn each turn
6 Stomp right
7&8 Coaster step left-right-left

REPEAT
