

Ready To Fly

拍數: 32 牆數: 2 級數:
編舞者: Terry Hogan (AUS)
音樂: New Day Dawning - Wynonna



SIDE, TOGETHER, CROSS, TAP, CHA-CHA SIDE, CROSS ROCK, REPLACE

- 1&2 Step right to the side, step left beside right, step right across in front of left
3 Bring left foot from behind to tap beside right heel - this should be a sharp move - tap and then lift heel
4&5 Cha-cha /shuffle left-right-left to the side
6-7 Cross-rock right foot over left, replace weight onto left foot

¼ RIGHT FORWARD, ½ RIGHT BACK, ½ RIGHT FORWARD, FORWARD, FORWARD, CHA-CHA FORWARD, ROCK FORWARD, REPLACE ¼ RIGHT

- 8&9 Make ¼ turn right and step right forward, make ½ turn right and step left backward, make ½ turn right and step right forward - these steps should not travel very far
10-11 Slide-step forward left-right
12&13 Cha-cha forward left-right-left
14-15 Rock-step right forward, rock backward onto left making ¼ turn right

SIDE, CROSS, SIDE ½ LEFT, SIDE, ¼ LEFT, LOCK CHA-CHA FORWARD, FORWARD, ½ LEFT

- 16& * Step right to the side, step left across in front of right
17-18 Step right to the side and make ½ turn left, step left to the side
19 Make ¼ turn left and step right forward - facing 9:00
20&21 Step forward left, step right forward to lock behind left, step left forward
22-23 Step right forward, make ½ pivot turn left stepping forward onto left foot

FORWARD, TOGETHER, BACK, TOGETHER, FORWARD, FORWARD, 3X HEEL TURNS, ¾L, FORWARD, FORWARD, TAP

- 24&25 Step right forward, step left beside right, step right backward
&26 Step left beside right, step right forward
27 Step left forward
28& Step right heel beside left (level with toes) pushing hips slightly right, using heel push weight onto left beginning ¾ turn left

Hips move to the left

- 29&30& Repeat above move twice to complete the ¾ turn

This is a similar to a paddle turn except that feet are close together and hips should make small moves to the right (think Ricky Martin). The right heel does all the work - raise right toes to accentuate the hip moves

- 31-32& Step forward right-left, touch-tap right foot beside left

REPEAT

TAG

After 32& count of walls 3, 6, and 8

- 1&2 Rock-step right to the side, replace weight onto left, step right beside left
3&4 Rock-step left to the side, replace weight onto right, step left beside right

RESTART

Following the TAG after wall 3, do only the first 16& counts of the dance and then start over. So the counts sequence is 32, 32, 32, 4, 16&, 32, 32, 32, 4, 32, 32, 4, 32, 32