

# Ready Or Not

拍數: 0      牆數: 0      級數:  
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音樂: Ready or Not - A1



Sequence: AAAB Tag AAABB AABBC

## PART A

### CROSS ROCK, SIDE CHASSE, CROSS ROCK, SIDE CHASSE

1-2            Cross right over left, recover weight on left  
3&4           Step right to right side, step left beside right, step right to right side  
5-6           Cross left over right, recover weight on right  
7&8           Step left to left side, step right beside left, step left to left side

### FORWARD ROCK, TRIPLE STEP ½ TURN RIGHT, CROSS, UNWIND ½ TURN RIGHT, COASTER STEP

1-2            Rock forward on right, recover weight on left  
3&4           Right triple step turning ½ turn right stepping right-left-right  
5-6           Step left over right, unwind ½ turn right (weight ending on left)  
7&8           Step back on right, step left beside right, step forward on right

### LEFT DIAGONAL STEP-LOCK-STEP, RIGHT DIAGONAL STEP-LOCK-STEP, TOUCH BEHIND, UNWIND ½ TURN LEFT, FORWARD SHUFFLE

1&2           Step left diagonally forward, lock right behind left, step left diagonally forward  
3&4           Step right diagonally forward, lock left behind right, step right diagonally forward  
5-6           Touch left behind right, unwind ½ turn left (keep weight on right)  
7&8           Left shuffle forward stepping left-right-left

### CROSS WALK, HOLD, CROSS WALK, HOLD, COASTER CROSS, SIDE, TOUCH, HOLD

1-2            Cross right over left, hold  
3-4            Cross left over right, hold  
5&6           Step right back, step left beside right, cross right over left  
&7-8          Step left to left side, touch right beside left, hold

## PART B

### RIGHT FORWARD DIAGONAL, TOUCH, LEFT FORWARD DIAGONAL, TOUCH, RIGHT SHUFFLE FORWARD, KICK-BALL-TOUCH

1-2            Large step forward right to right diagonal, touch left beside right (traveling forward)  
3-4            Large step forward left to left diagonal, touch right beside left (traveling forward)  
5&6           Right shuffle forward stepping right-left-right  
7&8           Kick left foot forward, step left in place, touch right to right side

### RIGHT SAILOR, LEFT SAILOR, STEP, ½ HINGE TURN LEFT, SIDE CHASSE

1&2           Step right behind left, step left to left side, step right to right side  
3&4           Step left behind right, step right to right side, step left to left side  
5-6           Step right forward, ½ turn left on ball of right  
7&8           Step left to left side, step right beside left, step left to left side

### RIGHT ROCKING CHAIR, CROSS, POINT, CROSS, POINT

1-4            Step right foot forward, recover weight on left, step back on right, recover weight on left  
5-6           Step right over left, point left to left side  
7-8           Step left over right, point right to right side

### **RIGHT JAZZ BOX ¼ TURN RIGHT, BACK ROCK, FORWARD FULL TURN LEFT**

- 1-4 Cross right over left, ¼ turn right stepping back on left, step right to right side, recover weight on left
- 5-6 Step back on right, recover weight on left
- 7-8 Full turn left, stepping back on right make a ½ turn left, stepping forward on left make a ½ turn left (or walk forward right, left)

### **TAG**

#### **TOUCH, HITCH, STEP, BEHIND, SIDE, CROSS, HOLD, ROLLING FULL TURN RIGHT**

- 1&2 Touch right beside left, hitch right, step right to right side
- 3&4 Step left behind right, step right to right side, step left over right
- 5 Hold
- 6-8 ¼ turn right stepping forward on right, ½ turn right stepping back on left, ¼ turn right stepping right to right side (weight ending on right)

#### **TOUCH, HITCH, STEP, BEHIND, SIDE, CROSS, HOLD, PIVOT ½ TURN RIGHT, ½ BALL TURN RIGHT**

- 1&2 Touch left beside right, hitch left, step left to left side
- 3&4 Step right behind left, step left to left side, step right over left
- 5 Hold
- 6-7 Step left forward, pivot ½ turn right
- 8 ½ turn right on ball of right stepping left beside right (weight ending on left)

### **PART C**

- 1-16 Repeat the above 16 counts of the tag

### **MONTEREY ½ TURN RIGHT, MONTEREY ¼ TURN RIGHT**

- 1-2 Touch right to right side, make ½ turn right on ball of left, stepping right beside left
- 3-4 Touch left to left, step left beside right
- 5-6 Touch right to right side, make ¼ turn right on ball on left, stepping right beside left
- 7-8 Touch left to left, step left beside right

### **PRESS FORWARD, KICK, COASTER STEP, SCOOT, HITCH, STEP, PIVOT ½ TURN RIGHT, STEP, TOUCH**

- 1-2 Press right forward, kick right forward
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Scoot on right, while hitching left, step down on left
- 7 Pivot ½ right on ball of left (ending with weight on right)
- & Step forward on left, starting to swing your hands up and outwards from a cross position in front of you
- 8 Touch right to right side while completing the hand movement, ending with both hands (palms open) up diagonally above you for a big finish

#### **Easy option for counts 5-8:**

- 5-6 ¼ turn right stepping back on left, ¼ turn right stepping forward on right
- 7-8 Step forward on left, touch right to right side, bring hands diagonally up above you
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