

Read My Mind

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Liz Rosenblatt (USA)
音樂: If You Could Read My Mind - Amber



ROCK RECOVER, CROSS SHUFFLE

1-2 Rock right foot out to the side, recover on left
3&4 Cross right foot over left, step left foot, cross right over left

ROCK RECOVER, CROSS SHUFFLE, ¼ TURN RIGHT

5-6 Rock left foot out to the side, recover on right
7&8 Cross left foot over right, step right foot, cross left over right, turning ¼ turn right

SAILOR STEPS, ROCK, RECOVER, SYNCOPATED HEELS

1&2 Cross right foot behind left, step left to side, step right in place
3&4 Cross left foot behind right, step right to side, step left in place
5-6 Rock right foot back, recover on left foot
7&8& Touch right heel forward, step right foot, touch left heel forward, step left foot in place

SHUFFLE FORWARD, ½ TURN RIGHT, SHUFFLE FORWARD, ¼ TURN LEFT

1&2 Shuffle forward right, left, right
3-4 Step left foot forward, making ½ pivot right, stepping right
5&6 Shuffle forward left, right, left
7&8 Step right foot forward, making ¼ turn left, stepping left

SYNCOPATED WEAVE, ROCK RECOVER, CROSS SHUFFLE

1-2 Cross right foot over left, step left to side
3&4 Cross right foot behind left, step left to side, cross right over left
5-6 Rock left foot to side, recover on left
7&8 Cross left foot over right, step right, cross left over right

MONTEREY ½ TURN, SIDE SHUFFLE, ROCK RECOVER ¼ TURN RIGHT, KICK BALL CHANGE

1-2 Touch right toe to right side, making ½ turn, stepping right
3&4 Side shuffle left, step left to left side, step right, step left
5-6 Rock back on right foot, turning ¼ turn right, recover on left foot
7&8 Kick right foot forward, step on ball of right foot, change weight to left foot, stepping left

KICK BALL CHANGE, OUT OUT IN IN, FULL TURN PIVOT

1&2 Kick right foot forward, step on ball of right foot, change weight to left foot, stepping left
&3&4 Step right foot out to right side, step left foot out to left side, step right foot in, step left foot in
5-6 Step right foot forward, making ½ turn left, stepping left
7-8 Step right foot forward, making ½ turn left, stepping left

REPEAT