

Reach Out

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lyn Richardson & Annette Richardson
音樂: Reach Out (feat. Melinda Schneider) - Jimmy Little



CROSS OVER, ¼ TURN STEP BACK, SHUFFLE BACK, ROCK BACK AND FORWARD ½ TURN SHUFFLE

1-2 Cross right over left, step left back turning ¼ turn right
3&4 Shuffle back right-left-right
5-6 Step back left rock forward right
7&8 ½ turn shuffle back left-right-left (facing 9:00)

TOE TURN, SHUFFLE BACK, TOE TURN, ¼ TURN SWEEP SAILOR

1-2 Touch right toe back, pivot ½ turn right keeping weight on left foot
3&4 Shuffle back right left right (facing 3:00)
5-6 Touch left toe back, pivot ½ turn left keeping weight on right foot
7&8 Left sweep ¼ turn, step left behind right, step right to right, step left to center (sailor step)
(facing 6:00)

ROCK FORWARD REPLACE, ¼ TURN SIDE SHUFFLE, CROSS OVER, STEP ¼ & ½ TURN SHUFFLE FORWARD

1-2 Step forward right, rock back left
3&4 ¼ turn right, side shuffle right-left-right (facing 9:00)
5-6 Step left foot over right, step right foot back ¼ turn to left (facing 6:00)
7&8 ½ turn over left shoulder forward shuffle left-right-left (facing 12:00)

ROCK FORWARD REPLACE, FULL CHA-CHA TURN, ¼ BOX TURN TO LEFT

1-2 Step right forward, rock back left
3&4 Full cha-cha turn (or on spot if not turning) right-left-right
5-8 Step left foot over right, ¼ turn step right back, step left to side, scuff right foot through

REPEAT

TAG

Wall 4 dance up to count 8 (shuffle back), you will be facing front wall, add 4 hip bumps, right-left-right-left, then restart the dance

Wall 8 dance up to count 8 (shuffle back), you will be facing front wall, add 4 hip bumps, right-left-right-left, then restart the dance

FINISH

To finish the dance, you will be facing 9:00 wall, finish with ¾ box over left shoulder to front