Reach For The Moment



拍數: 48 牆數: 4 級數: waltz

編舞者: Wrangler (Rozanne) Wild (AUS) 音樂: Second Chance - Trisha Yearwood



SLIDE DIAGONAL FORWARD, 1/4 PIVOT TAPS, SLIDE DIAGONAL FORWARD, 1/4 PIVOT TAPS

- 1 Slide step left forward over right at 45 degrees right
- 2-3 Slowly pivot ¼ left (11:00) on ball of left tapping right toes back at 45 degrees right then to

side (toes turned in)

- 4 Slide step right forward over left at 45 degrees left
- 5-6 Slowly pivot ¼ right (1:00) on ball of right tapping left toes back at 45 degrees left then to side

(toes turned in)

LUNGE, RECOVER, 1/4 TURN, STEP FORWARD, STEP FORWARD, UNWIND 3/4

1-3 Lunge left forward at 45 degrees right, recover weight on right, turning 1/4 left step left forward

(9:00)

4-6 Step right forward, unwind ¾ left over 2 counts (end left crossed over right weight left) (12:00)

(pause last wall)

STEP SIDE, BACK ROCK, REPLACE, STEP SIDE, BACK ROCK, REPLACE

- 1-3 Step right to side, cross rock left behind right, replace weight right
- 4-6 Step left to side, cross rock right behind left, replace weight left

TURN ¼, STEP FORWARD, STEP FORWARD, ½ PIVOT, STEP BACK, ½ TURN, STEP FORWARD, STEP TOGETHER

- 1-3 Turning ¼ right step right forward, step left forward, pivot ½ right (weight right) (3:00)
- 4-6 Step left back, turning ½ right step right forward, step left beside right (9:00)

STEP DIAGONAL BACK, STEP SIDE, 1/4 PIVOT, STEP DIAGONAL BACK, STEP SIDE, 1/4 PIVOT

1-3 Step right back at 45 degrees left, step ball of left to side and slightly forward, pivot on balls of

both feet 1/4 turn left (end left toe pointing to 1:00 weight right)

4-6 Step left back at 45 degrees right, step ball of right to side and slightly forward, pivot on balls

of both feet 1/4 turn right (end right toe pointing to 5:00 weight left)

STEP DIAGONAL BACK, TOUCH TOE BACK, HOLD, STEP DIAGONAL FORWARD, STEP SIDE, ½ TURN, STEP SIDE

1-3 Step right straight back (still on diagonal), touch left toe back turning body to look over left

shoulder, hold

4-6 Step left forward on diagonal, turn 45 degrees left on ball of left step right to side, turn ½ left

step left to side (9:00)

CROSS ROCK, REPLACE, STEP SIDE, STEP ACROSS, FULL SPIN, STEP SIDE

- 1-3 Cross rock right over left, replace weight on left, step right to side
- 4-6 Step left over right, on ball of left turn full turn right, step right to side

CROSS ROCK REPLACE, STEP SIDE, STEP ACROSS, 1/4 TURN STEP BACK, 1/2 TURN STEP SIDE

- 1-3 Cross rock left over right, replace weight on right, step left to side
- 4-6 Step right over left, turning ¼ right step left back, turning ¼ right step right to side (3:00)

REPEAT

On the last wall dance counts 1-12 then after she sings "before it slips by" pause for approximately 6 counts as music fades (be facing 3:00). Continue with dance on the words "here is your second chance" slowing steps to match beat

ENDING

Dance to count 48. To finish facing front add additional ½ turn right, step left to side dragging right together