

Reach

拍數: 92 牆數: 2 級數: Intermediate
編舞者: Bernie Savage (NIC)
音樂: Reach - S Club 7



TRAVELING BACK, CROSS STEP BACK HOLD TWICE, TRAVELING FORWARD TOE STRUTS (TWICE)

1&2 Cross right over left, step back on left, hold stepping on right
3&4 Cross left over right, step back on left, hold stepping on left
5& Step forward onto right toes, drop right heel down
6& Step forward onto left toes, drop left heel down
7-12 Repeat above 1-6&

½ PIVOT TURN LEFT, WALK FORWARD

13-14 Step right foot forward, pivot half turn left
15-16 Walk forward right, walk forward left
17-32 Repeat 1-16 (facing second wall)

TRAVELING TO RIGHT, SYNCOPATED HEEL CROSSES TO RIGHT SIDE AND LEFT SIDE

33&34 Touch right heel forward, step back on right, cross left over right
&35 Touch left heel back, touch right heel forward
&36 Touch right heel back, cross left heel forward
&37 Touch left heel back, cross right over left (traveling to left side)
&38 Touch right heel back, touch left heel forward
&39 Touch left heel back, touch right heel forward
&40 Touch right heel back, touch left heel forward

STEP FORWARD PIVOT TURN LEFT TWICE

&41 Step back on left, step right forward
42 Pivot ½ turn left
43-44 Step right forward, pivot ½ turn left

TRAVELING (OPTIONAL) SYNCOPATED MONTEREY TURNS BY 8

45&46 Touch right to right side, touch right in place, ½ turn right touch left out to left side
&47 Touch left in place, touch right out to right side
&48 Touch right in place, ½ turn right touching left out to left side
& Touch left beside right
49-52 Repeat 45-48

STRETCH HANDS IN THE AIR LOOKING UP, JUMP OUT IN, MAMBO FORWARD & BACK, ½ TURN LEFT X 3 TIMES

53-54 Jump both feet out, jump both feet in, (stretching hands looking up)
55&56 Step forward onto right, step back onto left, step right beside left
57&58 Step back onto left, step forward onto right, step left beside right
59-60 Step forward right, pivot ½ turn left
61-68 Repeat 53-60
69-76 Repeat 53-60

SIDE TOGETHER SIDE CLOSE SIDE TO RIGHT & LEFT

77-78 Step right to right side, bring left beside right
79&80 Step right to right side, bring left beside right, step right to right side
81-82 Step left to left side, bring right beside left

83&84 Step left to left side, bring right beside left, step left to left side

TRAVELING TO LEFT THEN RIGHT - SIDE ROCKS, SYNCOPATED WEAVE

85-86 Rock to side onto right, step rock onto left

87&88 Cross right over left, step weight onto left, cross right over left

89-90 Rock to side onto left, step rock onto right

91&92 Cross left over right, step weight onto right, cross left over right

REPEAT

TAG

Monetary turn by 4 on last verse
