

Raw Moves

COPPER KNOB
BY STEPHEN

拍數: 56 牆數: 4 級數: Intermediate/Advanced
編舞者: The Lady In Black (UK)
音樂: Need You Tonight - INXS



OUT IN HITCH STEP/OUT IN HITCH STEP/KICKS/PIVOT ½ TURN RIGHT

The first 4 counts should be danced with knees slightly bent

- 1& Swivel both heels out, swivel both heels in, weight on left
- 2& Hitch right knee, step right in place (weight on right)
- 3& Swivel both heels out, swivel both heels in, weight on right
- 4& Hitch left knee, step left in place (weight on left)
- 5& Kick right foot forward, step right in place
- 6& Kick left foot forward, step left in place
- 7& Kick right foot forward, step ball of right behind left
- 8 Pivot ½ turn right, transfer weight forward onto right (leaning slightly forward)

HIPS BUMPS/KICK & CROSS & BEHIND/UNWIND ½ TURN RIGHT

Hip bumps 1&2 should be leaning back, hips bumps 3&4 should be leaning forward

- 1&2 Bump hips left, right, left taking the weight back onto left
- 3&4 Bump hips right, left, right taking the weight forward onto right
- 5&6 Kick left foot forward, step left in place, cross right in front of left
- &7-8 Step left to left, cross right behind left, unwind ½ turn over right

& HEEL & CROSS/DIP ¼ TURN RIGHT/BACKWARDS ½ RONDE/SAILOR ¼ TURN RIGHT/ SAILOR/½ TURN LEFT

- &1&2 Step back on left, right heel forward, step right in place, cross left over right
- 3-4 Dip bending both knees as you ¼ turn right, push off on the left and ronde backwards ½ turn right over right shoulder (you can take this sweep as high as you dare)
- 5&6 Cross right behind left ¼ turn right, step left to left side, step right in place
- 7&8 Cross left behind right ¼ turning left, step right to right ¼ turning left, step left in place

SNAKE ROLL RIGHT, LEFT/POINT/ ¼ TURN SIT/¼ TURN POINT (WITH HAND MOVEMENT)

Snake rolls can be replaced with step right touch left, step left touch right

- 1-4 Snake roll right, snake roll left
- 5-6 Point right to right side, keep the right toe in place and turn ¼ turn right
- 7-8 Sit down on left keep right straight, straightening up turn ¼ turn left keeping right toe to right side at the same time push right arm out to right side using palm of the hand

CROSS/UNWIND ½ TURN/CROSS/UNWIND FULL TURN/HIP HOP JACKS/HITCH/HOP/½ TURN

Hip hop jacks can be replaced with running man steps

- 1-2 Cross right behind left, unwind ½ turn right
- 3-4 Cross left in front of right, unwind full turn right
- 5& Stepping back on left at the same time right heel forward, jump both feet together
- 6& Stepping back on right at the same time left heel forward, step left in place hitching right knee
- 7&8 Starting to ½ turn left, step right in place hitching left knee, keeping left knee hitched hop turn on right completing ½ turn left step left in place, hitch right knee

KICKS/PIVOT ¾ TURN RIGHT/HIP BUMPS/& HEEL & STEP

- 1& Kick right foot forward, step right in place
- 2& Kick left foot forward, step left in place
- 3& Kick right foot forward, step ball of right behind left
- 4 Pivot ¾ turn right (weight on right)

- 5-6 Bump left hip back, bump right hip forward
- &7 Step left back, right heel forward
- &8 Step right in place, step left forward

WALKS FORWARD (WITH ATTITUDE)/STEP ½ TURN HEEL/WALKS FORWARD/KICK/OUT OUT

- 1-2 Step forward right crossing right slightly in front of left, walk forward left crossing left slightly in front of right
- 3&4 Step forward right, pivot ½ turn left, dig left heel forward and lean slight back
- &5-6 Step left in place, step forward right crossing right slightly in front of left, step forward left crossing left slightly in front of right
- 7&8 Kick right forward, step right in place, step left in place

REPEAT
