

Rattled

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Terry Cullingham (UK)
音樂: Rattled - The Traveling Wilburys



TRIPLE FULL TURN, STEP, ½ TURN, STEP, FORWARD ROCK, ¼ TURN, SIDE, CROSS, SCISSOR STEP

- 1&2 Triple in place turning a full turn right stepping left, right, left
3&4 Step right forward, turn ½ left (weight to left), step right forward
5&6 Rock left forward, recover on right, turn ¼ left and step left to side
&7 Cross right over left, step left to side
&8 Step right together, cross left over right

SIDE STRUT, CROSS STRUT, SIDE, TOGETHER, BACK, SHUFFLE ¼ TURN LEFT, ¼ TURN, SIDE, TOUCH ¼ TURN, STEP

- 1& Step right toe to side, drop right heel
2& Cross/step left toe over right, drop left heel
3&4 Step right to side, step left together, step right back
5&6 Step left to side, step right together, turn ¼ left and step left forward
7&8 Turn ¼ left and step right to side, touch left together, turn ¼ left and step left forward

KICK BALL TOUCH, TOGETHER, TOUCH, HEEL JACK, TOGETHER, MONTEREY ½ TURN, CROSS SHUFFLE

- 1&2 Kick right forward, step right together, touch left to side
&3 Step left together, touch right to side
&4 Step right back, touch left heel forward
&5 Step left together, touch right to side
&6 Turn ½ right and step right together, touch left to side
&7 Step left together, cross right over left
&8 Step left to side, cross right over left

PADDLE ¼ TURN RIGHT TWICE, FORWARD MAMBO STEP, PADDLE ¼ TURN LEFT TWICE, FORWARD ROCK ½ TURN, STEP

- &1 Hitch left knee, turn ¼ right and touch left toe to side
&2 Hitch left knee, turn ¼ right and touch left toe to side
3&4 Rock left forward, recover on right, step left back
&5 Hitch right knee, turn ¼ left and touch right toe to side
&6 Hitch right knee, turn ¼ left and touch right toe to side
7&8 Rock right forward, recover on left, turn ½ right and step right forward

REPEAT

ENDING

Music finishes on wall nine facing 6:00. To finish facing 12:00 replace steps 7 & 8, in section 4, with a right forward mambo step