

Rattle 'n' Roll

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Linda Brooks (UK)
音樂: Shake Rattle & Roll - Bill Haley & The Comets



RIGHT, FLICK KICK TWICE, ROCK OUT & IN, CROSSING TOE STRUT, ROCK OUT & IN

1-2-3-4 Flick kick right, leg across left, twice, rock right, out to right, side, rock back in on left
5-6-7-8 Right, toe across left, slap right, heel down, rock left, out to left side, rock back in on right

REPEAT STEPS 1-8 STARTING WITH LEFT

9-10-11-12 Flick kick left, leg across right, twice, rock left, out to left, side, rock back in on right
13-14-15-16 Left, toe across right, slap left, heel down, rock right, out to right, side, rock back in on left

CHASSE RIGHT, ROCK BACK ¼ TURN LEFT, FORWARD DIAGONALS TWICE CLAP

17&18 Step right, to right, side, close left, to right, step right, to right, side
19-20 Rock left, behind right, turning ¼ left, rock forward right
21-22 Step left, forward to left, diagonal, close right, to left
23-24 Step left, forward to left, diagonal, tap right, beside left, with clap

VINE RIGHT, SCUFF, ROLLING VINE LEFT, SCUFF

25-26-27-28 Step right, to right, side, cross left, behind right, step right, to right, side, scuff left, beside right
29-30 Step left, to left, side turning ¼ to left, step right, to right, side turning ¼ to left
31-32 Step left, to left, side turning ½ to left, scuff right, beside left

SYNCOPATED DIAGONAL VINES RIGHT, & LEFT

33-34 Turning 1/8th to left, to face left, diagonal corner right, shoulder pointing to right, diagonal corner step right, to right, side, step left, behind right, (therefore traveling to right, corner)
&35-36 Step right, to right, side, step left beside right, step right, beside left
37-38 Body still in same position facing corner step left, to left, side, step right, behind left
&39-40 Gradually turning 1/8th to left, step left, to left, side, step right, beside left, step left, beside (you are now facing 6:00 from start wall)

STOMP STOMP, JUMP KICK REPLACE, STOMP, JUMP KICK REPLACE, STOMP

41-42 Stomp right, twice beside left
43-44 Step right, back kicking left forward at same time, replace left, beside right
45-46 Stomp right, once beside left, step right, back kicking left, forward at same time
47-48 Replace left, beside right, stomp right, beside left

On steps 25-28 (vine right,) when the chorus is being sung i.e. "shake rattle". Lift hands elbows bent so that hands are just in front of your shoulders and shake them from side to side

REPEAT