

Rappin Latin

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Phil Austin (UK)
音樂: La Fiesta - Will Smith



ROCK, RECOVER, COASTER STEP, STEP, STEP, MAMBO FORWARD, MAMBO BACK

1& Rock forward left, recover weight onto right
2&3& Step back left, step right next to left, step left forward, step forward right
4 Step forward left
5&6 Rock forward right, recover weight onto left, step right next to left
7&8 Rock back left, recover weight onto right, step left next to right

ROCK, RECOVER, COATER STEP, STEP, STEP, MAMBO FORWARD, MAMBO BACK

1& Rock forward right, recover weight onto left
2&3& Step back right, step left next to right, step forward right, step forward left
4 Step forward right
5&6 Rock forward left, recover weight onto right, step left next to right
7&8 Rock back right, recover weight onto left, step right next to left

MAMBO FORWARD, BACK, BACK, MAMBO STEP, STEP, ½ TURN

1&2 Rock forward left, recover weight onto right, step left next to right
3-4 Step back right, step back left
5&6 Rock back right, recover weight onto left, step forward right
7-8 Step forward left, pivot ½ turn over right shoulder

ROCK, RECOVER, ROCK, RECOVER, STEP, STEP, ROCK, RECOVER, 1 ¼ TURN STEPS

1&2& Rock forward left, recover weight onto right, rock back left, recover weight onto right
3-4 Step forward left, step forward right
5&6 Rock forward left, recover weight onto right, step back left and make ½ turn over left shoulder
7-8 Step forward right and make ½ turn over left shoulder, step back left and make ¼ turn over left shoulder

CROSS ROCK, RECOVER, CROSS ROCK, RECOVER, STEP, LOCK, STEP, TOUCH, CLAP

1&2 Cross rock right over left, recover weight onto left, step right to right side
3&4 Cross rock left over right, recover weight onto right, step left to left side
5-6& Step forward right, lock left behind right, step small step right to right side
7&8 Step left to left side, touch right next to left, clap hands

SAILOR ¼ TURN, TOUCH, TOUCH, TOUCH, FLICK, SHUFFLE FORWARD, TOUCH, TOUCH, FLICK

1&2 Step back right, step back left and pivot ¼ turn left, touch right to left
3&4 Touch right in place, touch right in place, flick right up and raise hands and click
5&6 Step forward right, step left next to right, step forward right
7&8 Touch left next to right, touch left in place, flick left up and raise hands and click

ROCK, RECOVER, MODIFIED SHUFFLE ½ TURN, ROCK, RECOVER, ROCK, RECOVER, STEP, SLIDE

1-2 Rock forward left, recover weight onto right
3& Step back left and pivot ¼ turn left, step right next to left and pivot ¼ left
4-5 Rock forward left, recover weight onto right
6& Rock back left, recover weight onto right
7-8& Step left to left side, slide right to left, make a small flick behind left with right

SIDE SHUFFLE ¼ TURN, STOMP, BUMP, BUMP, ROCK, RECOVER, ROCK, RECOVER, STOMP, BUMP, BUMP

- 1&2 Step right to right side, step left to right and make ¼ turn right, step back right
3&4 Stomp forward left, bump hips forward, bump hips back
5&6& Rock forward right, recover weight onto left, rock back right, recover weight onto left
7&8 Stomp forward right, bump hips, forward, bump hips back

REPEAT

Tag

Following wall two do this two count tag to stay on beat

- 1-2 Bump hips forward, bump hips back

There is another tag after wall four

- 1-2 Bump hips forward, bump hips back

- 3-4 Bump hips forward, bump hips back
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