

Randy Moon

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音樂: Cajun Moon (Cajun Long Trip Version) - Randy Crawford



ROCK & SPIN, RIGHT LOCK FORWARD, MAMBO STEP BACK, CROSS BACK CROSS

- 1&2 Rock forward on right, replace weight onto left, spin full turn right on left while hooking right leg in front of left, (alternative: rock forward, replace, hook right in front of left)
3&4 Right lock forward
5&6 Rock forward on left, replace weight onto right, step back onto left
7&8 Cross right over left, step back on left, cross right over left (12:00 wall)

BACK TOUCH, RIGHT LOCK FORWARD, RONDE ¼ TOUCH, FULL TURN LEFT

- 1-2 Step back on left, touch right next to left
Optional: as you "touch" sweep arms left, look over left shoulder
3&4 Right lock forward
5-6 Ronde ¼ turn right, touch left next to right (3:00 wall)
7&8 Triple full turn left stepping left, right, left traveling forward not to side

Alternative: left lock forward

End, 3:00 wall

ROCK & CROSS, ½ MONTEREY TURN, SIDE TOE SWITCHES, SCUFF HITCH STEP

- 1&2 Rock right to right side, replace weight on left, cross right over left
3-4 Touch left out to left side, spin ½ turn left bringing left next to right placing weight onto left, (9:00 wall)
5&6& Touch right toe out to right side, step right next to left, touch left toe out to left side, step left next to right
7&8 Scuff right forward, hitch right knee, step forward on right (9:00 wall)

ROCK REPLACE, 1 ¼ TURN, SIDE ROCK REPLACE, SAILOR CROSS

- 1-2 Rock forward on left, replace weight on right
3&4 Making ½ turn left step forward on left, step forward on right, make ¾ turn left (alt' ¼ turn left stepping left to left side, right next to left, cross left over right) (6:00 wall)
5-6 Rock right out to right side, replace weight on left, (6:00 wall)
7&8 Cross right behind left, step left out to left side, cross right over left, (6:00 wall)

ROCK & KICK CROSS, ROCK & CROSS TWICE

- 1&2& Rock left out to left side, replace weight, kick left forward & over right, step left across right
3&4 Rock right out to right side, replace weight, cross right over left
5&6&7&8 Repeat above 4 counts, (6:00 wall)

ROCK ½ TURN, STEP TURN STEP, STEP ½ FULL SPIN HOOK, RIGHT LOCK FORWARD

- 1&2 Rock forward on left, replace weight, making ½ turn left step forward on left (alt' forward mambo on left)
3&4 Step forward on right, make ½ turn left stepping forward on left, step forward on right (alt' back mambo on right)
5&6& Step forward on left, make ½ turn right stepping forward on right, step forward on left, spin full turn right hooking right in front of left (alt', omit spin)
7&8 Right lock forward, (12:00 wall)

ROCK REPLACE, TRIPLE FULL TURN, SIDE HEEL SPLITS TOGETHER TWICE

- 1-2 Rock forward on left, replace weight

3&4 Making a full turn left do a triple on the spot stepping left, right, left

Alternate: left coaster

5&6 Keeping weight on balls of both feet rock right out to right side & split both heels out to sides (both knees will be turned in slightly), replace weight on left bringing heels back to center, bring right next to left

7&8 Repeat counts 5&6 but leading with left to left side, (alt' to splits, side rock, replace, together)

End, 12:00 wall

SIDE ROCK REPLACE, BEHIND ¼ TURN, HIP BUMPS MAKING ½ TURN LEFT

1-2 Rock right out to right side, replace weight

3&4 Cross right behind left, making a ¼ turn left step forward on left, step forward on right (9:00 wall)

5&6&7&8& Bump hips right, left, right, left, right, left, right, left while making a ½ turn left, (3:00 wall)

REPEAT
