

R & D Walkin'

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Roma Johnson & David Johnson
音樂: Walkin' - Cleve Francis



TOE STEPS-SLIGHT FORWARD PROGRESSION

1-2 Right toe forward, heel down
3-4 Left toe forward, left heel down
5-6 Right toe forward, right heel down
7-8 Left toe forward, left heel down

KICKBALL CHANGE WITH PIVOT TURNS

9-10 Kick ball change with right
11-12 Step forward on right and pivot ½ turn to left
13-14 Kick ball change with right
15-15 Step forward on right and pivot ½ turn to left

STOMP-HEEL SWIVELS-VINES

17 Stomp right foot
18 Stomp left foot
19 Swivel heels right
20 Swivel heels back to center
21-24 Right vine with ½ turn right on count 24
25-28 Left vine with kick (left-right-left, kick right forward)

CHORUS LINE STEPS

29 Step back right
30 Touch left toe back
31 Step forward left
32 Kick right forward
33 Step back right
34 Touch left toe back
35 Step forward left and turn ¼ turn to left
36 Hitch with right knee

HIP BUMPS

37-38 2 hip bumps to right
39-40 2 hip bumps to left
41-42 2 hip bumps to right
43-44 2 hip bumps to left

SHUFFLE STEPS-SMALL STEPS WITH SLIGHT FORWARD PROGRESSION

(Variation: sailor shuffles)

45&46 Right shuffle forward (right-left-right)
47&48 Left shuffle forward (left-right-left)
49&50 Right shuffle forward (right-left-right)
51&52 Left shuffle forward (left-right-left)

¼ TURNS

53-56 ¼ turn to right and scuff left
57-60 ¼ turn to left and scuff right

WALK BACK

61-64

Walk backward right-left-right, stomp left foot next to right

REPEAT
