Rancho Bebop

拍數: 32

級數: Intermediate quickstep

編舞者: Michael Diven (USA)

音樂: Rancho Bebop - Brandon Sandefur

ROCK, RECOVER, STEP, HOLD, ROCK, RECOVER, STEP, HOLD

- 1-4 Side rock right, recover to left, step right behind left, hold
- 5-8 Side rock left, recover to right, step left behind right, hold

RIGHT CAMEL WALK, STEP, PIVOT, LEFT CAMEL WALK, SCUFF, HITCH

- 1&2 Step forward on right foot, lock left behind right, step forward on right
- 3-4 Step left foot forward, pivot ½ turn right
- 5&6 Step left foot forward, lock right behind left, step forward on left
- 7-8 Scuff right foot forward with 1/4 turn left, hitching right

RIGHT GRAPEVINE, CROSS ROCK, RECOVER TWICE

- 1-4 Grapevine to the right, stepping right, behind with the left, step right to right side, touch left toe next to right
- 5-8 Cross rock left over right, recover, cross rock left over right, recover

STEP, TURN, STEP, TURN, STEP, TURN, STEP, TURN, LEFT CAMEL WALK, SCUFF, CROSS, UNWIND

- 1 Step left to left with ¼ turn to the left
- 2 Step right foot forward with ½ turn to the left
- 3 Step left foot back with ½ turn to the left
- 4 Step right foot forward with ½ turn to the left
- 5&6 Left camel walk forward, stepping left foot forward, lock right behind left, step left foot forward
- 7&8 Scuff right foot forward, cross right over left and unwind 1 full turn

REPEAT





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牆數:2