

Rambling Ways

拍數: 64 牆數: 2 級數:
編舞者: Sue Coats (AUS)
音樂: Walkin' the Line - Tracy Byrd



SIDE, ROCK, SHUFFLE ACROSS, SIDE, ½ TURN, SHUFFLE ACROSS

1-2 Step right to the side, side rock onto left
3&4 Shuffle right across in front of left (right-left-right)
5-6 Step left to the side, turn ½ turn right step right to the side
7&8 Shuffle left across in front of right (left-right-left)

BACK, ROCK FORWARD, SHUFFLE, FORWARD, ROCK BACK, ½ TURN SHUFFLE

1-2 Step right back, rock forward onto left
3&4 Shuffle forward right-left-right
5-6 Step left forward, rock back onto right
7&8 Turn ½ turn left shuffle forward left-right-left

SHUFFLE, FORWARD, TOUCH, SHUFFLE, FORWARD, TOUCH

1&2 Shuffle forward at 45 degrees right (right-left-right)
3-4 Step left forward, slide right to touch together
5&6 Shuffle forward at 45 degrees right (right-left-right)
7-8 Step left forward, slide right to touch together

PADDLE TURN, PADDLE TURN, PADDLE TURN, PADDLE TURN

1-2 Step right forward, turn ¼ turn left take weight onto left
3-4 Step right forward, turn ¼ turn left take weight onto left
5-6 Step right forward, turn ¼ turn left take weight onto left
7-8 Step right forward, turn ¼ turn left take weight onto left

SIDE SHUFFLE, BACK, ROCK, SHUFFLE FORWARD, SHUFFLE FORWARD

1&2 Side shuffle to the right (right-left-right)
3-4 Turn ¼ turn left step left back, turn ¼ turn right rock onto right
5&6 Shuffle forward left-right-left
7&8 Shuffle forward right-left-right

PIVOT TURN, FORWARD, HOLD, HEEL, HEEL, HEEL, HEEL

1-2 Step left forward, turn ½ turn right take weight onto right
3-4 Step left forward, hold
5-6 With hands to side palms down bounce left heel, bounce left heel
7-8 Bounce left heel, bounce left heel & take weight onto left

HEEL JACKS RIGHT-LEFT-RIGHT, CLAP, DOUBLE HIPS FORWARD, DOUBLE HIPS BACK

1& Touch right heel forward, step right together
2& Touch left heel forward, step left together
3-4 Touch right heel forward, clap
5-6 Push hips forward, push hips forward
7-8 Push hips back, push hips back

FORWARD, ROCK BACK, ½ TURN SHUFFLE, PIVOT TURN, FORWARD, CLAP

1-2 Step right forward, rock back onto left
3&4 Turn ½ turn right shuffle forward right-left-right

5-6 Step left forward, turn ½ turn right take weight onto right
7-8 Step left forward, clap

REPEAT
