

Ram-A-Lam-A-Ding-Dong

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 4 級數: Improver
編舞者: Alison Carrington (UK) & Andy Stirling
音樂: Who Put the Bomp (In the Bomp-A-Bomp-A-Bomp) - Showaddywaddy



Wait for the words "that made my baby fall in love with me," then count 4 beats, then do the 16-count intro

INTRO

1&2& With arms bent at waist height, swing both arms right & click, left & click
3&4& Swing both arms all the way around from left to right and click
5-8& Repeat 1-4& in the opposite direction
9-16& Repeat 1-8&

THE MAIN DANCE

DIAGONAL STEPS FORWARD RIGHT & LEFT, DIAGONAL STEPS BACK (X4)

1&2& Step right to right diagonally forward, bring left to right, step right forward, bring left to right
3&4& Step left to left diagonally forward, bring right to left, step left forward, bring right to left
5& Step diagonally back right on right, touch left to right & click arms to right
6& Step diagonally back left on left, touch right to left & click arms to left
7&8& Repeat 5&6&
9-16& Repeat 1-8&

KICKS FORWARD, SIDE, IN PLACE (X4)

1&2 Kick right forward, kick to side, step on right
3&4 Kick left forward, kick to side, step on left
5-8 Repeat 1-4

WALKS FORWARD RIGHT, LEFT, POINT, WALKS BACK RIGHT, LEFT, POINT (TWICE)

1&2 Walk forward on right, then left, point forward right, hold
3&4 Walk back on right, then left, point back right, hold
5-8 Repeat 1-4

STEP, TURN, STEP, SIDE MAMBO, KICK BALL BACK, (TWICE)

1&2 Step forward on right and turn ½ left onto left foot, step back on right
3&4 Side rock to left on left, rock onto right, step on left
5&6 Kick right forward, step on ball of rm step back on left
7&8 Kick right forward, step on ball of right, step back on left

SAILOR ¼ RIGHT, SIDE MAMBO, KICK & CROSS, & BEHIND, SIDE, FRONT

1&2 Make ¼ turn to right on right foot, step on left, step o right
3&4 Side rock to left on left foot, rock onto right, step on left
5&6& Kick right forward, step on right, cross left over right, step right to right
7&8 Step behind with left, step right to right, cross left over right

REPEAT