

Raisin' The Roof

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Amanda Beaulieu
音樂: Bringin' Da Noise - *NSYNC



RIGHT HEEL, TURN ¼, LEFT HEEL, RIGHT HEEL, LEFT HEEL, STEP, PIVOT ½, SIDE ROCK, CROSS

- 1& Place right heel forward, quickly step back on right while turning ¼ left
- 2& Place left heel forward, quickly step back on left
- 3& Place right heel forward, quickly step back on right
- 4& Place left heel forward, quickly step back on left
- 5-6 Step forward right, pivot ½ turn left
- 7&8 Rock right out to right side, recover on left, cross right over left

LEFT KNEE ROLL, RIGHT KNEE ROLL, RIGHT SAILOR ¼ RIGHT, LEFT FORWARD SHUFFLE

- 1-2 Step forward left rolling left knee to the left twice (end with weight on left)
- 3-4 Step forward right rolling right knee to the right twice (end with weight on right)
- 5&6 Cross right behind left, step left to left side, step right ¼ turn right
- 7&8 Step left forward, step right together, step left forward

STEP RIGHT, ½ TURN, BODY ROLL, LEFT FORWARD SHUFFLE, SIDE ROCK, CROSS

- 1-2 Step forward right, pivoting on ball of right turn ½ left leaving weight on right
- 3&4 Body roll down and up (as if you were sitting down and then raising from the chair), weight on right
- 5&6 Step left forward, step right together, step left forward
- 7&8 Rock right out to right side, recover on left, cross right over left

POINT, CROSS, UNWIND, HOLD, OUT, OUT, IN, IN, HEEL JACK

- 1-2 Point left out to left, cross left over right
- 3-4 Unwind ½ turn right, hold
- &5 Jump out slightly with right, left
- &6 Jump together with right, left
- &7 Step back on right, extend left heel forward
- &8 Quickly step back on left, touch right beside left

REPEAT
