

Raising Cain

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS)
音樂: Country By the Grace of God - Chris Cagle



LEFT DOROTHY, RIGHT DOROTHY, BALL STEP, PIVOT TURN, FULL TURN FORWARD

1-2&3-4 Step diagonal left, lock right, step diagonal left, step diagonal right, lock left behind right
&5-6 Step on ball of right pushing left foot forward, pivot ½ turn right
7-8 Traveling forward turn full turn right stepping on left then right

LEFT DOROTHY, RIGHT DOROTHY, BALL STEP, PIVOT TURN, ¾ TURN FORWARD

1-2&3-4 Step diagonal left, lock right, step diagonal left, step diagonal right, lock left behind right
&5-6 Step on ball of right pushing left foot forward, pivot ½ turn right
7-8 Traveling forward turn ¾ turn right stepping on left then right to right side

CROSS, SIDE, BEHIND, SIDE/ROCK/CROSS, SIDE, BEHIND, BALL CROSS SIDE, ¼ RIGHT

1&2-3&4 Cross left over right, step right to right, cross left behind right, rock right to right, rock weight center on left cross right over left
5-6 Step left to left, cross right behind left
&7 Step left to left crossing right over left
&8 Step left to left, turn ¼ turn right on right foot

FULL TURN, SHUFFLE, KICK & TOUCH & TOUCH, MONTEREY

1-2-3&4 Traveling forward turn full turn right stepping on left then right, shuffle forward left stepping left-right-left
5&6&7-8 Kick right forward, step right to center touching left to left side, step left to center touching right to right side, Monterey - turn ½ turn right on ball of left ending with right toe to right side

RIGHT SAILOR, LEFT SAILOR ¼ LEFT, CROSS, ½ UNWIND, CROSS SHUFFLE

1&2-3&4 Cross right behind left, rock left to left, rock weight on right, cross left behind right, rock right to right, step left to left turning ¼ turn left
5-6-7&8 Cross right over left, unwind ½ turn left(keeping weight on left) cross shuffle right over left stepping right-left-right

SIDE SHUFFLE LEFT, STEP /DRAG STOMP, BRONCO TWIST RIGHT, BRONCO TWIST LEFT ¼ LEFT & SHUFFLE

1&2-3-4 Side shuffle left stepping left-right-left take a large step right, drag left towards right with a stomp left
5& Taking weight on left toe & right heel twist ¼ turn right, twist back ¼ turn left take weight to center
6&7&8 Taking weight on right toe & left heel twist ¼ turn left, rock onto ball of left, shuffle forward right

REPEAT

TAG

On walls 3 & 6 both times facing the front

FORWARD COASTER, TRIPLE BACK, HALF SHUFFLE, STEP ½ STEP

1&2-3&4 Step forward left, step right beside left, step back on left, triple back right-left-right
5&6-7&8 Turning ½ turn left shuffle left, step forward right, pivot ½ turn left, step forward right

FORWARD COASTER, TRIPLE BACK, HALF SHUFFLE, STEP ½ STEP

1&2-3&4 Step forward left, step right beside left, step back on left, triple back right-left-right

5&6-7&8

Turning $\frac{1}{2}$ turn left shuffle left, step forward right, pivot $\frac{1}{2}$ turn left, step forward right
