Raise Yer Hands (P)



拍數: 52 牆數: 0 級數: Partner

編舞者: Roy East (UK)

音樂: Country Boy - Jimmy Nail



Position: Modified Right Open Promenade (without holding; inside hands) facing LOD

WALKS FORWARD, HITCHES

1 MAN: Walk forward on left foot

LADY: Walk forward on right foot

2 MAN: Walk forward on right foot

LADY: Walk forward on left foot

3 MAN: Walk forward on left foot

LADY: Walk forward on right foot

Raise hands in the air

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4 MAN: Hop on left foot while hitching right knee

LADY: Hop on right foot while hitching left knee

Bring hands down to sides

5 **MAN:** Walk forward on right foot

LADY: Walk forward on left foot

6 **MAN:** Walk forward on left foot

LADY: Walk forward on right foot **MAN:** Walk forward on right foot

LADY: Walk forward on left foot

Raise hands in the air

8 **MAN:** Hop on right foot while hitching left knee

LADY: Hop on left foot while hitching right knee

Bring hands down to sides

VINE, HOP, VINE WITH TURN, TOUCH

9 MAN: Step to the left on left foot

LADY: Step to the right on right foot

10 MAN: Cross right foot behind left and step

LADY: Cross left foot behind right and step

11 **MAN:** Step to the left on left foot

LADY: Step to the right on right foot

12 MAN: Hop on left foot while hitching right knee

LADY: Hop on right foot while hitching left knee

Bring hands down to sides

13 **MAN:** Step to the right on right foot

LADY: Step to the left on left foot

14 MAN: Cross left foot behind right and step

LADY: Cross right foot behind left and step

15 MAN: Step to the right on right making a ¼ turn to the right with the step

LADY: Step to the left on left foot making a 1/4 turn to the left with the step

Partners now face each other (man is facing OLOD and lady is facing ILOD). Man takes lady's left hand in his right

16 **MAN:** Touch left toe next to right foot

LADY: Touch right toe next to left foot

MAN'S VINES, LADY'S ROLLING TURNS

Man raises lady's left hand in his right

11	MAN: Step to the left on left foot
	LADY: Step to the right on right foot and begin a full turn to the left traveling toward LOD
18	MAN: Cross right foot behind left and step
	LADY: Step on left foot and continue full to the left rolling turn
19	MAN: Step to the left on left foot
	LADY: Step on right foot and complete full to the left rolling turn
20	MAN: Touch right toe next to left foot
	LADY: Touch left toe next to right foot
21	MAN: Step to the right on right
	LADY: Step on left foot and begin a 1 1/4 to the right rolling turn traveling toward RLOD
22	MAN: Cross left foot behind right and step
	LADY: Step on right foot and continue full to the right rolling turn
23	MAN: Step to the right on right foot making a ¼ turn to the left with the step
	LADY: Step on right foot and complete 1 ¼ to the right rolling turn
Bring ma	n's right and lady's left hands down

Bring man's right and lady's left hands down

24 **MAN:** Kick left foot forward

LADY: Kick right foot forward

Partners are now in the normal Right Open Promenade position (inside hands joined) face LOD

FORWARD WALKS, SCOOTS WITH KICKS

25	MAN: Step forward on left foot
	LADY: Step forward on right foot
26	MAN: Step forward on right foot
	LADY: Step forward on left foot
27	MAN: Step forward on left foot
	LADY: Step forward on right foot
28	MAN: Scoot forward on left foot while kicking right forward
	LADY: Scoot forward on right foot while kicking left foot forward
29	MAN: Step forward on right foot
	LADY: Step forward on left foot
30	MAN: Step forward on left foot
	LADY: Step forward on right foot
31	MAN: Step forward on right foot
	LADY: Step forward on left foot
32	MAN: Scoot forward on right foot while kicking left foot forward
	LADY: Scoot forward on left foot while kicking right foot forward

TURN TOWARD ILOD, TOE TOUCH, WALK FORWARD, KICK

Man and lady n	nake this turn in tandem, remaining in the Right Open Promenade position
33	MAN: Step on left foot and begin a ¼ turn to the left
	LADY: Step forward on right foot and begin a 1/4 walking turn to the left
34	MAN: Step on right foot and continue ¼ turn to the left
	LADY: Step forward on left foot and continue ¼ walking turn to the left
35	MAN: Step on left foot and complete 1/4 turn to the left
	LADY: Step forward on right foot and complete ¼ walking turn to the left

Partners now face ILOD in the Right Open Promenade position

MAN: Touch right toe next to left foot

LADY: Touch left toe next to right foot

While maintaining inside hands with partner, man takes up the right hand of the lady to his left and the lady takes up the left hand of the man to her right. All dancers have joined hands and are in one big circle facing ILOD

37	MAN: Walk forward on right foot
	LADY: Walk forward on left foot
38	MAN: Walk forward on left foot

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	LADY: Walk forward on right foot
39	MAN: Walk forward on right foot
	LADY: Walk forward on left foot
40	MAN: Kick left foot forward
	LADY: Kick right foot forward

STEP-KICKS, WALK BACK, TOUCH

	THORE, WILLIAM BILLIAN TOOLIT
41	MAN: Step left foot next to right
	LADY: Step right foot next to left
42	MAN: Kick right foot forward
	LADY: Kick left foot forward
43	MAN: Step right foot next to left
	LADY: Step left foot next to right
44	MAN: Kick left foot forward
	LADY: Kick right foot forward
45	MAN: Walk back on left foot
	LADY: Walk back on right foot
46	MAN: Walk back on right foot
	LADY: Walk back on left foot
47	MAN: Walk back on left foot
	LADY: Walk back on right foot
48	MAN: Touch right toe next to left foot
	LADY: Touch left toe next to right foot

Man releases the right hand of the lady to his left while the lady releases the left hand of the man to her right. At this juncture, partners are still in the right open promenade position facing ILOD

MAN' TURN AND LADY'S ROLLING TURN TOWARD LOD, HOP WITH HITCH

Man raises lady's left hand in his right

49 MAN: Step to the right on right foot and begin a ¼ to the right toward LOD

LADY: Cross left foot over right and begin a 1 1/4 turn to the right rolling turn toward LOD

50 MAN: Step forward on left foot and continue ¼ turn to the right

LADY: Step on right foot and continue 1 1/4 turn to the right

51 MAN: Step forward on right foot and complete ¼ turn to the right

LADY: Step on left foot and complete 1 1/4 turn to the right

Partners release all hands. Raise both hands in the air

52 MAN: Hop on right foot while hitching left knee

LADY: Hop on left foot while hitching right knee

REPEAT