

Raise The Roof

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數:
編舞者: Marg Jones (CAN)
音樂: Bring the House Down - S Club 7



On 3rd, 6th, 9th rotation, (when they're singing "all you gotta do is.." omit steps 29-32 and start from beginning again. This phrases the dance so you're always doing the 2 kicks to the words "..house down.." put lots of energy into the kicks:-)

KICK FRONT, SIDE, SAILOR STEP

1-2 Kick right foot out in front, kick right foot diagonally to 2:00
3&4 Bring right around behind left and step, step left to left, step right beside left

DRUNKEN SAILOR STEP, SAILOR STEP

5&6 Swing left around across front of right and step, step right to right, step left beside right
7&8 Swing right around behind left and step, step left to left, step right beside left

VINE LEFT, ROCK & CROSS

9-10 Step left to left, step right behind left
11&12 Rock left to left, recover on right, step left across front of right

VINE RIGHT, ROCK & CROSS

13-14 Step right to right, step left behind right
15&16 Rock right to right, recover on left, step right across front of left

PIVOT ¼ RIGHT TWICE

17-18 Step forward on left while pivoting ¼ right on ball of right (weight ends on right foot)
19-20 Step forward on left while pivoting ¼ right on ball of right (weight ends on right foot)

LEFT HEEL & CROSS & RIGHT HEEL & CROSS

21&22 Point left heel forward to 10:00, quickly step on left beside right, step right across left
&23 Quickly step left beside right, point right heel forward to 2:00
&24 Quickly step on right beside left, step left across right

TOE, HEEL STRUTS (3) TURNING FULL TURN RIGHT, SAILOR STEP

25-26 Point right toe to right, lower right heel to ground
&27-28 Pivot ½ turn right on ball of right, point left toe to left, lower left heel
&29-30 Pivot ½ turn right on ball of left, point right to right, lower right heel
For these last 6 counts you'll turn full turn, traveling in a line to the right
31&32 Swing left around behind right, step right to right, step left beside right

REPEAT