

Raining Men

COPPER KNOB
BY STEPHEN BATES

拍數: 0 牆數: 0 級數:
編舞者: The Lady In Black (UK)
音樂: It's Raining Men - The Weather Girls



Sequence: ABB, TAG, A, TAG, B (counts 1-4), Lightning Kicks section counts 5-20 twice, complete section B from counts 21-32 omitting the walk forward counts 33-36, C, A, TAG, Stomp & hold for 3 counts (no weight), A, Dance section 1-8 twice, 9-16 twice, 25-32 twice, complete the rest of section A counts 33-64, TAG, B counts 1-4 then Lightning Kicks section counts 5-20 twice, complete B, A, A

SECTION A

RIGHT KICK, KICK, TRIPLE IN PLACE/ LEFT KICK, KICK, TRIPLE IN PLACE

- 1-2 Kick right foot forward, kick right foot forward
- 3&4 Triple in place stepping right, left, right
- 5-6 Kick left foot forward, kick left foot forward
- 7&8 Triple in place stepping left, right, left

WALKS FORWARD (WITH ATTITUDE) BENDING KNEES

- 1-2 Walk forward right, walk forward left
- 3-4 Walk forward right, left

Bend knees & dip low as you walk forward on counts 3,4 to fit the lyrics (the barometer's getting low

- 5-6 Repeat counts 1-2
- 7-8 Repeat counts 3-4

½ MONTEREY TURN/CHASSE/ROCK STEP

- 1-2 Point right to right side, pivot ½ turn right stepping right next to left
- 3-4 Point left to left side, touch left next to right
- 5&6 Step left to left, step right next to left, step left to left
- 7-8 Rock back on right, recover weight forward on left

DO THE STREET STRUT

Angle the body to the right diagonal, pulling the right shoulder back on the side struts, and the left shoulder back on the cross struts. These struts were music go with the lyrics "the streets the place to go" and later on "and she did what she had to do"

SIDE TOE STRUTS/ CROSS TOE STRUTS (WITH FINGER CLICK)

- 1-2 Step right toe to right (pull right shoulder back), drop right heel, (click fingers at shoulder height)
- 3-4 Cross right toe over left (pull left shoulder back) drop right heel (click fingers at shoulder height)
- 5-6-7-8 Repeat counts 1-4

TOUCH/KICK ¼ TURN RIGHT/RIGHT COASTER STEP/PIVOT ½ TURN RIGHT/LEFT SHUFFLE

- 1-2 Touch right next to left, kick right ¼ right
- 3&4 Step right back, step left next to right, step right forward
- 5-6 Step left forward, pivot ½ turn right
- 7&8 Left shuffle forward stepping left right, left

HEELS GRINDS/COASTER STEPS

- 1-2- Right heel forward pointing toes to left, swivel heel to right
- 3&4 Step back on right, step left together, step forward right
- 5-6 Left heel forward pointing toes to right, swivel heel to left
- 7&8 Step back on left, step right together, step forward left

JAZZ BOX/JAZZ BOX ¼ TURN RIGHT

- 1-2 Cross right over left, step left back
- 3-4 Step right to right, step left forward
- 5-6 Cross right over left, step left back
- 7-8 Step right ¼ turn right, step left next to right

CROSS/HOLD/UNWIND ½ TURN RIGHT/CROSS/HOLD/UNWIND ½ TURN RIGHT

- 1-2 Cross right over left (taking both hands out, palms up as if catching rain!), hold
- 3-4 Unwind ½ left (arms down), hold
- 5-8 Repeat counts 1-4

SECTION B

STOMP RIGHT FORWARD/HOLD

- 1-2-3-4 Stomp right forward (hands out to the side), hold for 3 counts

LIGHTNING KICKS

STOMP/¼ TURN KICK/HOLD/COASTER STEP/½ TURN RIGHT/TOUCH

- 1-2-3 Stomp left in place, kick right ¼ turn right hold
- 4&5 Step right back, step left together, step right forward
- 6-7-8 Step left forward, pivot ½ turn right touch left next to right

REPEAT LIGHTNING KICKS SECTION

- 1-2-3 Stomp left in place, kick right ¼ turn right hold
- 4&5 Step right back, step left together, step right forward
- 6-7-8 Step left forward, pivot ½ turn right touch left next to right

LEFT SHUFFLE/½ TURN RIGHT SHUFFLE/COASTER STEP/RIGHT SHUFFLE

- 1&2 Left shuffle forward stepping left, right, left
- 3&4 ½ Turn left shuffling back right, left, right
- 5&6 Step left back, step right together, step left forward
- 7&8 Right shuffle forward stepping right, left, right

WALKS BACK/LEAN/KICK/WALKS FORWARD/

- 1-2 Walk back left, right
- 3-4 Walk back left lean back and kick right forward
- 5-6 Walk forward right, left
- 7-8 Walk forward right, step left next to right

SECTION C

CAT WALKS FORWARD WITH HOLDS

- 1-2 Step right forward across left, hold
- 3-4 Step left forward across right, hold
- 5-8 Repeat counts 1 - 4

STEP PIVOT ½ TURN/CAT WALKS FORWARD

- 1-2 Step right forward, pivot ½ turn left
- 3-4 Step right forward across left, hold
- 5-6 Step left forward across right, hold
- 7-8 Step right forward across left, hold

GRAPEVINE LEFT/ROLLING VINE FULL TURN RIGHT

- 1-2 Step left to left side, cross right behind left
- 3-4 Step left to left side, touch right next to left
- 5-6 Step right ¼ right, pivot ½ turn right on right stepping left back

7-8 Step right ¼ turn right, touch left next to right

LEFT STEP SLIDE/RIGHT STEP SLIDE/

1-2-3-4 Step left big step left, slide right next to left over 2 counts (2, 3), touch right next to left

5-6-7-8 Step right big step right, slide left next to right over 2 counts (6, 7), touch left next to right

CAT WALKS FORWARD WITH HOLDS

1-2 Step left forward across right, hold

3-4 Step right forward across left, hold

5-8 Repeat counts 1 - 4

STEP PIVOT ½ TURN/CAT WALKS FORWARD

1-2 Step left forward, pivot ½ turn right

3-4 Step left forward across right, hold

5-6 Step right forward across left, hold

7-8 Step left forward across right, hold

GRAPEVINE RIGHT/ ROLLING VINE FULL TURN LEFT

1-2-3-4 Step right to right side, cross left behind right step right to right side, touch left next to right

5-6 Step left ¼ left, pivot ½ turn left on left stepping right back

7-8 Step left ¼ turn left, touch right next to left

RIP OFF THE ROOF

&1 Raise hands to the ceiling (palms up)

&2 Brings hands down to shoulders

&3&4 Repeat hand movements

HEEL JACKS/VAUDEVILLE STEPS

&1&2 Step right back, left heel forward, step left in place, touch right next to left

&3&4 Step right back, left heel forward, step left in place, cross right over left

&5&6 Step left to left, right heel forward, step right in place, cross left over right

&7&8 Step right to right, left heel forward step left in place, cross right over left

RIP OFF THE ROOF

&1 Raise hands to the ceiling (palms up)

&2 Brings hands down to shoulders

&3&4 Repeat hand movements for counts

HEEL JACKS/VAUDEVILLE STEPS

&1&2 Step left back, right heel forward, step right in place, touch left next to right

&3&4 Step left back, right heel forward, step right in place, cross left over right

&5&6 Step right to right, left heel forward, step left in place, cross right over left

&7&8 Step left to left, right heel forward step right in place, cross left over right

TAG

4 X ¼ HITCH POINT TURNS COMPLETING FULL TURN LEFT

&1 Pivot ½ turn left on left hitch right knee, point right to right

&2&3&4 Repeat counts (&1) 4 times completing full turn left
