

Raindrops

拍數: 40 牆數: 4 級數: Improver rumba
編舞者: Forty Arroyo (USA)
音樂: Raindrops - Dee Clark



Sequence: 40, 40, 32, Tag, 40, 40, 32, Tag, 40 to end

SIDE, TOGETHER, FORWARD, HOLD, SIDE, TOGETHER, FORWARD, HOLD, SIDE, TOGETHER, BACK, HOLD, SIDE, TOGETHER, BACK HOLD

- 1-4 Step right to right side, step left together, step forward on right, hold
- 5-8 Step left to left side, step right together. Step forward on left, hold
- 9-12 Step right to right side, step left together, step back on right, hold
- 13-16 Step left to left side, step right together, step back on left, hold (end at 12:00)

WALK BACK RIGHT, LEFT, RIGHT, HOLD, ROCK BACK, RECOVER, STEP, PIVOT ½ RIGHT

- 1-4 Walk back right, left, right, hold
- 5-8 Rock back on left, recover on right, step forward on left, pivot ½ turn to right (end at 6:00)

2 FULL TURNS TO RIGHT (OPTIONAL), ROCK RECOVER, STEP BACK, SLIDE TOUCH

- 1-2 Step slightly forward on left turning ¼ right (prep for a full turn to right), pivot on ball of left completing full turn to right stepping forward on
- 3-4 Repeat 1-2

Beginner easy option: if you are not a spinner just walk forward left, right, left, right

- 5-8 Rock forward on left, recover on right, big step back on left, slide and touch right next to left (end at 6:00)

ROCK, RECOVER, CROSS, ROCK, RECOVER, STEP, CROSS. UNWIND ¾ LEFT

- 1-4 Rock right to right side, recover on left, cross right in front of left, rock left to left side
- 5-8 Recover on right, step left next to right, cross right over left, unwind ¾ to left (weight on left) (end at 9:00)

Beginner easy option: instead of cross & unwind, you may choose to step forward right, left as you turn a ¼ to right

REPEAT

TAG

Always occurs after lyrics "For a man ain't supposed to cry". Dance 2 complete rotations; the 3rd time you start the dance, do only the first 32 counts followed by the tag

- 1-4 Rock side right, recover on left, cross right over left, unwind ¾ to left

Then restart