

Rainbow Dance

拍數: 32 牆數: 4 級數: Improver
編舞者: Joachim "County Line Joe" Gueppner (DE)
音樂: Dance Above the Rainbow - Ronan Hardiman



Styling: arms straight downwards, all movements on balls of feet (Irish style)

- 1-2 Brush right, hitch/hook right in front of left with a small hop forward
3&4 Cross step right in front of left, recover on left, recover on right
- 5-6 Brush left, hitch/hook left in front of right with a small hop forward
7&8 Cross step left in front of right, recover on right, recover on left
- 9-10 Cross step right over left, step back left making ¼ turn right
&11-12 Step right on right, cross left over right, step right on right
- 13-14 Cross step left behind right, ½ turn left (weight on left)
15&16 Cross step right in front of left, recover on left, recover on right (on balls of feet)
- 17-18 Rock step left to left, recover right
19&20 Cross step left over right, step right beside left (keep feet crossed), step left to right (feet crossed)
- 21-22 Step right, left making ½ turn left
23&24 Cross step right in front of left, hold and clap twice
- 25&26 Shuffle forward left-right-left
& Make ½ turn left on ball of left
27&28 Shuffle back right-left-right
- 29&30 Step back on left, step together with right, step forward on left
31&32 Hold, stomp right, left (or hop twice)

REPEAT
