

Radio Active

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Max Perry (USA)
音樂: Radio Active - Bryan Austin



GRAPEVINES

1-3 Vine right (step right, left behind, step right)
4 Scuff left next to right

5-7 Vine left (step left, right behind, step left)
8 Scuff right next to left

STRUT STEPS

9 Step forward on right toe
10 Step down on right heel
11 Step forward on left toe
12 Step down on left heel

13-16 Repeat steps 9 - 12

DIAGONAL STEP

17 Step forward on right foot 1/8 right of center
18 Stomp left foot next to right
19 Kick forward with left foot
20 Kick forward with left foot
& Step left foot down next to right

SWIVEL LEFT

21-24 Swivel toes to left, heels to left, toes to left, heels to left

DIAGONAL STEP

25 Step forward on left foot 1/8 left of center
26 Stomp right foot next to left
27-28 Kick right foot forward twice

ROCK STEP

29 Rock back on right foot
30 Rock forward on left foot and clap hands
31 Step right foot out to right side
32 Turn 1/8 turn to left and clap hands (you should be 1/4 left of center at this point)

KICK-BALL-CHANGES

33&34 Kick-ball-change starting on right foot
35&36 Kick-ball-change starting on right foot

JAZZ BOX

37 Cross right foot in front of left
38 Step back on left foot
39 Step to side on right foot
40 Step left foot next to right

¼ MILITARY TURNS

41- 42 Step forward on right foot, pivot ¼ turn to the left

43- 44 Step forward on right foot, pivot ¼ turn to the left

KICK-BALL-CHANGES

45&46 Kick-ball change starting on right foot

47&48 Kick-ball-change starting on right foot

JUMPING JACK TURNS

49 Jump, landing with feet apart

50 Jump, landing with right foot crossed over left

51 Twist ½ turn to the left

52 Clap hands

HIP PUSHES

53-54 Step forward on right foot and push hips forward twice

55-56 Shift weight to left foot and push hips backward twice

57-64 Shift hips forward and backward total of four times in eight beats of music

REPEAT
