

Rad Gumbo

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Charlotte Macari (UK)
音樂: Rad Gumbo - The Dean Brothers



FOUR TOE STRUTS, TRAVELING TO THE RIGHT

1-4 Take right toe to right side drop heel, cross left toe over right drop left heel
5-8 Take right toe to right side drop heel, cross left toe over right drop left heel

Option: click fingers at shoulder height as you drop your heel

WEAVE, ROCK FORWARD, RECOVER, ROCK BACK, RECOVER

9-12 Cross right over left, step left to left side, cross right behind left, step left to left side
13-16 Rock forward right, recover weight on left, rock back right, recover weight onto left

GRAPEVINE WITH ¼ RIGHT, SCUFF, ROCK FORWARD, BACK, FORWARD, BACK

17-20 Step right to right side, step left behind right, step right ¼ turn right, scuff left

Option: counts 17-20 do 1 ¼ turns right instead of ¼

21-22 Rock forward left, taking hips forward over left foot, rock back on right, taking weight back
23-24 Rock forward left, taking hips forward over left foot, rock back on right, taking weight back

THREE WALKS BACK, TOUCH TOE BACK, TURN ½ TURN RIGHT, TOUCH RIGHT TOE BACK, TURN ½ RIGHT, HOLD

25-28 Walk back, left, right, left, touch right toe back
29-30 Turn ½ turn right (keeping weight on left), touch right toe back
31-32 Turn ½ turn right, weight finishing on left foot, hold

Easy option for counts 25-32

25-28 Walk back left, right, left, touch right next to left
29-30 Step forward on right heel, step forward on left heel, feet slightly apart
31-32 Step right foot back in place, step left next to right

REPEAT
