

Racy Lacey

拍數: 32 牆數: 4 級數: Improver
編舞者: Ed Royko (USA)
音樂: Racy Lacey - Girls Aloud



STEP TOGETHER STEP TOUCH (LEFT & RIGHT)

- 1 Step left foot to left
- 2 Step right foot next to left
- 3 Step left foot to left
- 4 Touch right foot next to left
- 5 Step right foot to right
- 6 Step left foot next to right
- 7 Step right foot to right
- 8 Touch left foot next to right

DIAGONAL STEP TOUCH FORWARD (LEFT, RIGHT, LEFT), RIGHT KICK BALL POINT

- 1 Step left foot diagonally forward
- 2 Touch right foot next to left
- 3 Step right foot diagonally forward
- 4 Touch left foot next to right
- 5 Step left foot diagonally forward
- 6 Touch right foot next to left
- 7&8 Kick right foot forward, step on right foot, point toe of left foot to left side

CROSS POINT MOVING BACK (LEFT & RIGHT), CROSS POINT MOVING FORWARD (LEFT & RIGHT)

- 1-2 Cross left foot behind right, point right toe to right
- 3-4 Cross right foot behind left, point left toe to left
- 5-6 Cross left foot in front of right, point right toe to right
- 7-8 Cross right foot in front of left, point left toe to left

STEP 1/8 TURN TO RIGHT (2 TIMES), BUMP LEFT, RIGHT, SWING KNEES AND WRISTS OUT & IN

- 1-2 Step left foot forward, pivot 1/8 turn to right
- 3-4 Step left foot forward, pivot 1/8 turn to right
- 5-6 Bump hips left, right
- 7 Swing both knees out while swinging wrists out, keeping elbows at your side,
- 8 Swing both knees together while swinging wrists in, keeping elbows at your side

REPEAT
