

# Racy Lacey

**COPPER** **KNOB**  
BY STEPHEN METELNICK

拍數: 0                      牆數: 2                      級數:  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)  
音樂: Racy Lacey - Girls Aloud



Sequence: AAB, AABB, AA

## PART A

### MODIFIED RIGHT JAZZ, RIGHT BACK, ¼ LEFT & LEFT TO SIDE, RIGHT CROSS STEP, LEFT TO SIDE

1-4                      Cross right over left, step left back, step right to side, cross step left over right  
5-8                      Step right back, turning ¼ left step left to side, cross step right over left, step left to side

### RIGHT ROCK BACK/RECOVER, VINE RIGHT 4, RIGHT SIDE POINT, ½ RIGHT MONTEREY TURN

1-4                      Rock right back, recover weight on left, step right to side, cross step left behind right  
5-8                      Step right to side, cross step left over right, point right to side, turning ½ right step right together

### LEFT SIDE POINT, LEFT TOUCH TOGETHER, VINE LEFT 3, RIGHT STOMP & FAN

1-4                      Point left to side, touch left together, step left to side, cross step right behind left  
5-8                      Step left to side, stomp right together, fan right toes out, fan right toes in (weight remains on left)

### ¼ RIGHT & FORWARD RIGHT/LEFT TOE STRUTS, RIGHT FORWARD SHUFFLE, ½ RIGHT PIVOT TURN

1-2                      Turning ¼ right touch right toes forward, step right heel down  
3-4                      Touch left toes forward, step left heel down  
5&6                      Step right forward, step left together, step right forward  
7-8                      Step left forward, pivot ½ right

### FORWARD LEFT/RIGHT TOE STRUTS, ½ RIGHT TURNING SHUFFLE, RIGHT ROCK BACK/RECOVER

1-4                      Touch left toes forward, step left heel forward, touch right toes forward, step right heel forward  
5&6                      Turning ¼ right step left to side, turning ¼ right step right back, step left back  
7-8                      Rock right back, recover weight on left

## HIP BUMPS

1-4                      Step right slightly forward bump hips forward 2x, bump hips back 2x  
5-8                      Bump right hip, left hip, right hip, left hip (weight ends on left)

### RIGHT FORWARD, LEFT SIDE POINT, LEFT CROSS STEP, RIGHT DIAGONAL POINT/KICK, BACK 3, LEFT HEEL FORWARD

1-4                      Step right forward, point left to side, cross step left over right, point right to right forward diagonal (or low kick)  
5-8                      Step right back, step left back, step right back, touch left heel forward

### FORWARD & BACK STEP TOUCHES, LEFT FORWARD, RIGHT TOGETHER, LEFT FORWARD, RIGHT SCUFF

1-4                      Step left forward, touch right together, step right back, touch left together  
5-8                      Step left forward, step right together, step left forward, scuff right forward

## PART B

Always danced facing front wall

### RIGHT FORWARD ROCK/RECOVER, ¼ RIGHT & VINE 2, ½ LEFT HINGE TURN, RIGHT CROSS STEP, HOLD

- 1-4 Rock right forward, recover weight on left, turning  $\frac{1}{4}$  right step right to side, cross step left over right
- 5-8 Turning  $\frac{1}{4}$  left step right back, turning  $\frac{1}{4}$  left step left to side, cross step right over left, hold

**LEFT SIDE ROCK/RECOVER, LEFT CROSS STEP,  $\frac{1}{2}$  LEFT HINGE TURN,  $\frac{1}{4}$  LEFT & RIGHT/LEFT FORWARD, RIGHT SCUFF**

- 1-4 Rock left to side, recover weight on right, cross step left over right, turning  $\frac{1}{4}$  left step right back
- 5-8 Turning  $\frac{1}{4}$  left step left to side, turning  $\frac{1}{4}$  step right forward, step left forward, scuff right forward
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