

# R U Waltzing

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 48      牆數: 2      級數: Improver  
編舞者: Jan Wyllie (AUS)  
音樂: Are You Wasting My Time - Robert Mizzell & Band



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## WALTZ FORWARD, STEP BACK TAP ½ TURN HOOK, WALTZ FORWARD. WALTZ BACK ¼ TURN

1-2-3      Waltz forward left, right, left  
4-5-6      Step back on right, tap left toe straight back, making ½ left hook left over right  
7-8-9      Waltz forward left, right, left  
10-11-2      Waltz back right, left, right making ¼ turn left (now facing 3:00)

## WALTZ FORWARD, STEP BACK TAP, ½ TURN HOOK, WALTZ FORWARD, STEP BACK, SIDE ROCK RETURN

13-14-15      Waltz forward left, right, left  
16-17-18      Step back on right, tap left toe straight back, making ½ left hook left over right  
19-20-21      Waltz forward left, right, left  
22-23-24      Step back on right, rock/step left to left, rock weight sideways onto right (now facing 9:00)

## CROSS WALTZ, CROSS WALTZ, WALTZ FORWARD, WALTZ BACK

25-26-27      Step left across right, rock/step right to right, rock/step left to left  
28-29-30      Step right across left, rock/step left to left, rock/step right to right  
31-32-33      Waltz forward left, right, left  
34-35-36      Waltz back right, left, right

## WALTZ FORWARD ½ TURN, WALTZ BACK, WALTZ FORWARD ½ TURN, WALTZ BACK ¼ TURN

37-38-39      Waltz forward left, right, left while making ½ turn left  
40-41-42      Waltz back right, left, right  
43-44-45      Waltz forward left, right, left while making ½ turn left  
46-47-48      Waltz back right, left, right while making ¼ turn left

## REPEAT

## TAG

On wall 6 at count 24 you will pause for 3 counts before continuing the dance from count 25

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