

Quo Shuffle

拍數: 40 牆數: 2 級數:
編舞者: Michael John Sr.
音樂: Fun, Fun, Fun - Status Quo



SHUFFLES FORWARD, KICK BALL CHANGE

1&2 Forward shuffle left, right, left
3&4 Forward shuffle right, left, right
5&6 Forward shuffle left, right, left
7&8 Right kick ball change

STEP BACK AND HEEL TOUCHES

9& Step back slightly on right at angle of 45 degrees, touch left heel forward at 45 degrees
10& Step back slightly on left at angle of 45 degrees, touch right heel forward at 45 degrees
11& Step back slightly on right at angle of 45 degrees, touch left heel forward at 45 degrees
12& Step back slightly on left at angle of 45 degrees, touch right heel forward at 45 degrees

RIGHT VINE WITH ¼ TURN LEFT, STEPS BACK, STOMPS

13 Step right to right side
14 Cross left behind right
15 Step right to right side making ¼ turn left
16 Hitch left leg and click fingers
17 Step back on left
18 Step back on right
19 Stomp left forward
20 Stomp left forward

'QUO' SHOULDER PUSHES

21 With weight on left foot (which should still be forward) and hands on hips, bump right shoulder down and to the left
22 Bump right shoulder down and to the left
23 Bump left shoulder down and to the right
24 Bump left shoulder down and to the right
25 Bump right shoulder down and to the left
26 Bump left shoulder down and to the right
27 Bump right shoulder down and to the left
28 Bump left shoulder down and to the right

STEP SLIDE, STEP TURN, DOUBLE VINE RIGHT

29 Step forward on left
30 Slide right up to left
31 Step forward on left
32 Bring right up to left hitching right in the air and making ¼ turn left
33 Step right to right side
34 Cross left behind right
35 Step right to right side
36 Cross left in front of right
37 Step right to right side
38 Cross left behind right
39 Step right to right side
40 Touch left next to right

REPEAT

A firm favorite at my dance classes, especially when the dancers form a line when doing steps 21-28. When facing the side wall, place your hands on the shoulders of the person in front of you and you push their shoulders for them. By doing this you make one big line. It looks great, it feels great and it makes for one big happy family; the way line dancing should be!
