Quit Stallin'

拍數: 64	牆數: 2	級數: Intermediate / Advanced
編舞者: Justine Shuttleworth (AUS)		
音樂: Shut Up and Drive - Chely Wright		

1-4	Step forward on right, turn ½ turn left keeping weight on right, step forward on left, step forward on right
5-8	Repeat last 4 beats on opposite foot
1-4	Step forward on right, turn slowly ½ turn left for the next 3 beats, keeping weight on right
5-8	Step forward on left, hold, step forward on right turning ½ turn left, step back on left turning a further ½ turn left
1-4	Rock right foot to right side, hold, rock/step left foot to left (in place), step right foot behind left
5-8	Repeat last 4 beats on opposite foot*
1-4	Rock right foot to right side, hold, rock/step left foot to left (in place), step right foot behind left
5-6	Step left foot to left side, flick right foot behind left foot slightly off the floor
&7	Step right slightly back, touch left heel forward at 45 degrees left
&8	Step left foot down (in place), cross/step right over left
1-4	Step left foot to left turning ¼ turn right, hold, rock back onto right, forward onto left
5-8	Step forward on right foot, pivoting on the ball of right foot, spin full turn left swinging left foot around slightly off the ground, step forward on left, step forward on right turning a further ½ turn left
1-4	Step back on left foot, hold, step back at 45 degrees right, cross/step left over right
5-8	Step right back at 45 degrees right, hold, step back on left at 45 degrees left, cross/step right over left (backwards lock step)
1-4	Step back on left at 45 degrees left, hold, rock back on right, forward on left
5-8	Step forward on right turning ¼ turn left, hold, step left behind right, step right to right side turning ¼ turn right
1-4	Step forward on left turning ¼ turn right, hold, rock back on right, forward on left
5-6	Tap right toe beside left, hold
&7	Step slightly forward on right, tap left toe beside right
8	Step forward on left foot

REPEAT
For this dance to best fit the chosen song, complete the dance 4 times through then on the 5th wall continue through to the * and then restart from the beginning facing the back wall, this only happens once. (64, 64, 64, 64, 24, 64, 64)