

Quick Steppin' Stomp

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate/Advanced
編舞者: John Bailey (CAN)
音樂: Let The Band Play - Collin Amey



VAUDEVILLE STEPS

1-2 Step right foot out to the right (slightly forward), bring left behind
& Step right foot out to the right
3-4 Step left foot out to the left (slightly forward), bring right behind
& Step left foot out to the left
5-6 Step right foot out to the right, bring left behind
&7 Step right foot out to the right, cross left over right
8 Step right foot out to the right

HIP BUMPS & MODIFIED JAZZ BOX

9-10 Bump hips right, left
11&12 Bump hips right, left, right
13-14 Cross left over right, step back on right foot
&15 Step back on left foot, bring right foot forward
16 Pivot a ¼ turn left on the balls of both feet

THE HOE DOWNS TWICE

17-18 Walk forward right, left
19&20 Shuffle forward right (right, left, right)
21&22 Step back with left, hop back with left hitching right leg, step back right
23&24 Shuffle back left (left, right, left)

25-26 Walk forward right, left
27&28 Shuffle forward right
29& Step back with left foot, hop back with left hitching right leg
30& Step back on right, hop back with right hitching left leg
31& Step back on left, hop back with left hitching right leg
32 Step back on right (with weight on right)

STOMP, STEPS & CLAPS TWICE

33-34 Stomp forward with left foot, clap hands
&35 Step forward with right, stomp forward with left foot
36 Clap hands
37-38 Stomp forward with right foot, clap hands
&39 Step forward with left, stomp forward with right foot
40 Clap hands

SWIVELS, KICK BALL CHANGES AND A ¼ TURN

41-42 Swivel heels left, then right (toes & body should be pointing 45 left)
43&44 Right kick ball change (kick right foot forward, step down on ball of right foot, step down on left)
45-46 Swivel heels left, swivel heels right completing a ¼ turn left (toes & body should be pointing another 45 left from where you were in count 42)
47&48 Right kick ball change

¼ TURN WITH MODIFIED RUNNING MAN, WALK & BUMP

- 49-50 Step forward with right foot, pivot a $\frac{1}{4}$ turn left on the balls of both feet
- 51& Touch ball of left foot back and scoot right foot slightly forward, hop back with right foot hitching left leg
- 52& Touch ball of right foot back and scoot left foot slightly forward, hop back with left foot hitching right leg
- 53-54 Walk forward right, left
- 55&56 Bump hips left, right, left

REPEAT
